

BRFSS Detailed Summary Table for Northeast Nebraska Public Health Department Adults 18 and Older, 2011-2015

Indicators	Overall					Men					Women					LHD Gender Diff. ^e						
	Northeast		State of NE			Northeast		State of NE			Northeast		State of NE									
	n ^a	mean or % ^b	95% C.I. ^c (Low - High)	n ^a	mean or % ^b	95% C.I. ^c (Low - High)	Sig. ^d	n ^a	mean or % ^b	95% C.I. ^c (Low - High)	Sig. ^d	n ^a	mean or % ^b	95% C.I. ^c (Low - High)	Sig. ^d							
General Health Status																						
General health fair or poor																						
2011	1,415	14.5%	(11.6 - 18.0)	25,347	14.3%	(13.7 - 14.9)	NS	558	14.5%	(11.0 - 18.8)	10,198	14.8%	(13.9 - 15.7)	NS	857	14.5%	(10.1 - 20.4)	15,149	13.9%	(13.1 - 14.7)	NS	No
2012	894	12.7%	(10.0 - 16.0)	19,132	14.4%	(13.7 - 15.2)	NS	355	10.8%	(6.9 - 16.4)	7,855	14.6%	(13.5 - 15.7)	NS	539	14.6%	(11.3 - 18.7)	11,277	14.3%	(13.4 - 15.2)	NS	No
2013	853	13.9%	(11.2 - 17.1)	17,106	13.9%	(13.1 - 14.8)	NS	321	15.0%	(11.0 - 20.2)	6,963	13.4%	(12.2 - 14.7)	NS	532	12.8%	(9.4 - 17.1)	10,143	14.4%	(13.3 - 15.6)	NS	No
2014	1,076	15.6%	(13.1 - 18.6)	22,370	13.2%	(12.5 - 13.9)	NS	451	14.4%	(11.1 - 18.5)	9,585	13.5%	(12.4 - 14.5)	NS	625	16.9%	(13.2 - 21.3)	12,785	12.9%	(12.0 - 13.8)	NS	No
2015	790	14.8%	(11.6 - 18.6)	17,539	13.9%	(13.1 - 14.8)	NS	332	16.8%	(11.8 - 23.4)	7,564	13.7%	(12.5 - 14.9)	NS	458	12.8%	(9.5 - 17.0)	9,975	14.2%	(13.1 - 15.3)	NS	No
Average number of days physical health was not good in past 30 days																						
2011	1,383	2.8	(2.3 - 3.3)	24,901	3.2	(3.0 - 3.3)	NS	547	3.0	(2.1 - 3.9)	10,067	2.9	(2.7 - 3.1)	NS	836	2.6	(2.2 - 3.1)	14,834	3.4	(3.2 - 3.6)	-	No
2012	877	2.5	(2.1 - 3.0)	18,819	3.2	(3.1 - 3.4)	-	350	2.1	(1.4 - 2.8)	7,759	2.9	(2.7 - 3.1)	NS	527	3.0	(2.3 - 3.6)	11,060	3.6	(3.4 - 3.8)	NS	No
2013	836	3.1	(2.5 - 3.6)	16,808	3.1	(2.9 - 3.3)	NS	313	2.7	(1.9 - 3.5)	6,877	2.8	(2.5 - 3.0)	NS	523	3.3	(2.5 - 4.2)	9,931	3.4	(3.2 - 3.7)	NS	No
2014	1,052	3.1	(2.5 - 3.6)	22,024	3.0	(2.9 - 3.1)	NS	439	2.5	(1.7 - 3.2)	9,464	2.8	(2.6 - 3.0)	NS	613	3.7	(2.9 - 4.4)	12,560	3.2	(3.0 - 3.4)	NS	No
2015	780	3.0	(2.4 - 3.6)	17,315	3.1	(3.0 - 3.3)	NS	325	2.9	(2.0 - 3.8)	7,476	2.8	(2.6 - 3.0)	NS	455	3.1	(2.3 - 3.9)	9,839	3.5	(3.3 - 3.7)	NS	No
Physical health was not good on 14 or more of the past 30 days																						
2011	1,383	8.1%	(6.3 - 10.3)	24,901	9.6%	(9.1 - 10.1)	NS	547	9.9%	(6.8 - 14.1)	10,067	9.0%	(8.3 - 9.8)	NS	836	6.4%	(4.9 - 8.5)	14,834	10.1%	(9.4 - 10.8)	-	No
2012	877	6.8%	(5.2 - 8.8)	18,819	9.8%	(9.2 - 10.4)	-	350	5.4%	(3.4 - 8.4)	7,759	8.6%	(7.8 - 9.5)	NS	527	8.2%	(5.9 - 11.2)	11,060	11.0%	(10.1 - 11.8)	NS	No
2013	836	9.6%	(7.3 - 12.4)	16,808	9.2%	(8.5 - 9.9)	NS	313	8.0%	(5.3 - 11.9)	6,877	7.9%	(7.0 - 8.9)	NS	523	11.1%	(7.8 - 15.6)	9,931	10.4%	(9.4 - 11.5)	NS	No
2014	1,052	10.2%	(8.1 - 12.7)	22,024	9.0%	(8.4 - 9.6)	NS	439	8.2%	(5.5 - 12.1)	9,464	8.3%	(7.4 - 9.1)	NS	613	12.1%	(9.3 - 15.8)	12,560	9.7%	(9.0 - 10.5)	NS	No
2015	780	9.0%	(6.9 - 11.6)	17,315	9.6%	(9.0 - 10.3)	NS	325	8.6%	(5.9 - 12.5)	7,476	8.6%	(7.7 - 9.6)	NS	455	9.3%	(6.5 - 13.2)	9,839	10.7%	(9.8 - 11.6)	NS	No
Average number of days mental health was not good in past 30 days																						
2011	1,396	2.4	(1.9 - 2.9)	25,036	3.1	(2.9 - 3.2)	-	555	1.7	(1.1 - 2.3)	10,097	2.5	(2.3 - 2.7)	-	841	3.0	(2.2 - 3.8)	14,939	3.6	(3.4 - 3.8)	NS	No
2012	887	1.9	(1.4 - 2.4)	18,935	3.0	(2.9 - 3.2)	-	352	1.2	(0.6 - 1.7)	7,786	2.6	(2.4 - 2.8)	-	535	2.7	(1.8 - 3.5)	11,149	3.5	(3.3 - 3.7)	NS	Yes
2013	845	1.9	(1.5 - 2.4)	16,889	3.0	(2.8 - 3.1)	-	316	1.3	(0.8 - 1.8)	6,889	2.3	(2.1 - 2.6)	-	529	2.6	(1.8 - 3.4)	10,000	3.5	(3.3 - 3.8)	NS	No
2014	1,067	2.8	(2.2 - 3.4)	22,132	2.8	(2.6 - 2.9)	NS	444	2.3	(1.4 - 3.2)	9,483	2.3	(2.1 - 2.5)	NS	623	3.2	(2.4 - 4.0)	12,649	3.3	(3.1 - 3.5)	NS	No
2015	784	2.0	(1.5 - 2.5)	17,369	2.9	(2.7 - 3.1)	-	329	1.5	(0.8 - 2.1)	7,491	2.3	(2.1 - 2.6)	NS	455	2.5	(1.8 - 3.2)	9,878	3.5	(3.2 - 3.7)	-	No
Mental health was not good on 14 or more of the past 30 days (i.e., frequent mental distress)																						
2011	1,396	7.2%	(5.4 - 9.6)	25,036	9.2%	(8.7 - 9.7)	NS	555	5.5%	(3.4 - 8.7)	10,097	7.7%	(7.0 - 8.4)	NS	841	8.9%	(6.2 - 12.7)	14,939	10.7%	(9.9 - 11.5)	NS	No
2012	887	5.4%	(3.7 - 7.8)	18,935	9.0%	(8.4 - 9.7)	-	352	2.6%	(1.3 - 5.0)	7,786	7.4%	(6.6 - 8.3)	-	535	8.1%	(5.2 - 12.4)	11,149	10.6%	(9.7 - 11.5)	NS	Yes
2013	845	5.4%	(3.7 - 7.9)	16,889	8.9%	(8.2 - 9.6)	-	316	3.1%	(1.6 - 5.7)	6,889	6.8%	(5.9 - 7.9)	-	529	7.7%	(4.9 - 12.1)	10,000	10.9%	(9.8 - 12.0)	NS	No
2014	1,067	8.0%	(6.1 - 10.5)	22,132	8.2%	(7.6 - 8.8)	NS	444	6.0%	(3.5 - 10.2)	9,483	6.4%	(5.6 - 7.3)	NS	623	9.9%	(7.3 - 13.4)	12,649	9.9%	(9.0 - 10.8)	NS	No
2015	784	5.1%	(3.6 - 7.3)	17,369	8.9%	(8.2 - 9.6)	-	329	3.5%	(1.8 - 6.5)	7,491	6.9%	(6.0 - 7.9)	NS	455	6.7%	(4.4 - 10.2)	9,878	10.8%	(9.8 - 11.9)	NS	No
Average days poor physical or mental health limited usual activities in past 30 days																						
2011	1,408	1.4	(1.1 - 1.7)	25,183	1.9	(1.8 - 2.0)	-	556	1.5	(1.0 - 2.0)	10,136	1.7	(1.6 - 1.9)	NS	852	1.3	(0.9 - 1.6)	15,047	2.0	(1.9 - 2.1)	-	No
2012	890	1.4	(1.0 - 1.8)	19,022	2.0	(1.8 - 2.1)	-	355	0.9	(0.5 - 1.4)	7,819	1.7	(1.5 - 1.9)	-	535	1.9	(1.1 - 2.6)	11,203	2.2	(2.0 - 2.4)	NS	No
2013	849	1.6	(1.2 - 2.0)	16,986	1.9	(1.7 - 2.0)	NS	319	1.6	(0.9 - 2.2)	6,936	1.7	(1.5 - 1.9)	NS	530	1.6	(1.1 - 2.1)	10,050	2.0	(1.9 - 2.2)	NS	No
2014	1,067	2.0	(1.5 - 2.4)	22,228	1.8	(1.7 - 1.9)	NS	449	1.8	(1.1 - 2.5)	9,541	1.6	(1.5 - 1.8)	NS	618	2.1	(1.6 - 2.7)	12,687	1.9	(1.8 - 2.1)	NS	No
2015	786	1.7	(1.2 - 2.1)	17,430	1.9	(1.7 - 2.0)	NS	330	1.4	(0.8 - 2.0)	7,529	1.6	(1.4 - 1.8)	NS	456	1.9	(1.3 - 2.6)	9,901	2.1	(1.9 - 2.3)	NS	No
Poor physical or mental health limited usual activities on 14 or more of the past 30 days																						
2011	1,408	4.1%	(3.0 - 5.5)	25,183	5.8%	(5.4 - 6.2)	NS	556	4.8%	(3.0 - 7.4)	10,136	5.4%	(4.8 - 6.0)	NS	852	3.5%	(2.4 - 5.0)	15,047	6.2%	(5.7 - 6.8)	-	No
2012	890	4.7%	(3.3 - 6.8)	19,022	6.4%	(5.9 - 6.9)	NS	355	3.5%	(1.8 - 6.7)	7,819	5.3%	(4.7 - 6.0)	NS	535	5.9%	(3.8 - 9.2)	11,203	7.4%	(6.7 - 8.2)	NS	No
2013	849	5.2%	(3.6 - 7.4)	16,986	5.8%	(5.3 - 6.4)	NS	319	4.9%	(2.9 - 8.3)	6,936	5.2%	(4.4 - 6.1)	NS	530	5.5%	(3.4 - 8.6)	10,050	6.5%	(5.7 - 7.3)	NS	No
2014	1,067	6.4%	(4.8 - 8.6)	22,228	5.8%	(5.4 - 6.4)	NS	449	6.0%	(3.7 - 9.6)	9,541	5.3%	(4.6 - 6.1)	NS	618	6.9%	(4.9 - 9.6)	12,687	6.4%	(5.7 - 7.1)	NS	No
2015	786	5.2%	(3.7 - 7.2)	17,430	5.9%	(5.4 - 6.4)	NS	330	4.2%	(2.5 - 7.0)	7,529	5.1%	(4.5 - 5.9)	NS	456	6.1%	(4.0 - 9.3)	9,901	6.6%	(6.0 - 7.3)	NS	No
Health Care Access and Utilization																						
No health care coverage, 18-64 year olds																						
2011	864	16.6%	(12.4 - 21.8)	16,614	19.1%	(18.3 - 20.0)	NS	368	15.4%	(10.7 - 21.6)	7,107	22.0%	(20.7 - 23.4)	NS	496	17.8%	(11.4 - 26.6)	9,507	16.2%	(15.2 - 17.3)	NS	No
2012	565	14.0%	(9.0 - 21.2)	12,310	18.0%	(17.0 - 19.0)	NS	256	11.9%	(6.4 - 21.2)	5,450	20.3%	(18.8 - 21.8)	NS	309	16.3%	(8.7 - 28.5)	6,860	15.7%	(14.5 - 17.0)	NS	No
2013	554	13.1%	(9.0 - 18.6)	10,939	17.6%	(16.4 - 18.9)	NS	226	13.1%	(7.6 - 21.7)	4,720	18.4%	(16.6 - 20.4)	NS	328	13.1%	(7.9 - 20.9)	6,219	16.9%	(15.3 - 18.5)	NS	No
2014	663	10.4%	(7.7 - 14.1)	14,323	15.3%	(14.3 - 16.4)	-	289	9.3%	(5.7 - 15.0)	6,443	17.0%	(15.4 - 18.7)	-	374	11.6%	(7.9 - 16.7)	7,880	13.5%	(12.3 - 14.9)	NS	No
2015	522	14.6%	(10.6 - 19.8)	11,342	14.4%	(13.3 - 15.5)	NS	236	17.6%	(11.5 - 26.0)	5,187	15.4%	(13.8 - 17.1)	NS	286	11.4%	(6.7 - 18.8)	6,155	13.4%	(12.0 - 14.9)	NS	No
Has health care coverage, 18-64 year olds^a																						
2011	864	83.4%	(78.2 - 87.6)	16,614	80.9%	(80.0 - 81.7)	NS	368	84.6%	(78.4 - 89.3)	7,107	78.0%	(76.6 - 79.3)	NS	496	82.2%	(73.4 - 88.6)	9,507	83.8%	(82.7 - 84.8)	NS	No
2012	565	86.0%	(78.8 - 91.0)	12,310	82.0%	(81.0 - 83.0)	NS	256	88.1%	(78.8 - 93.6)	5,450	79.7%	(78.2 - 81.2)	NS	309	83.7%	(71.5 - 91.3)	6,860	84.3%	(83.0 - 85.5)	NS	No
2013	554	86.9%	(81.4 - 91.0)	10,939	82.4%	(81.1 - 83.6)	NS	226	86.9%	(78.3 - 92.4)	4,720	81.6%	(79.6 - 83.4)	NS	328	86.9%	(79.1 - 92.1)	6,219	83.1%	(81.5 - 84.7)	NS	No
2014	663	89.6%	(85.9 - 92.3)	14,323	84.7%	(83.6 - 85.7)	+	289	90.7%	(85.0 - 94.3)	6,443	83.0%	(81.3 - 84.6)	+	374	88.4%	(83.3 - 92.1)	7,880	86.5%	(85.1 - 87.7)	NS	No
2015	522	85.4%	(80.2 - 89.4)	11,342	85.6%	(84.5 - 86.7)	NS	236	82.4%	(74.0 - 88.5)	5,187	84.6%	(82.9 - 86.2)	NS	286	88.6%	(81.2 - 93.3)	6,155	86.6%	(85.1 - 88.0)	NS	No

Indicators	Overall					Men					Women					LHD Gender Diff. ^e						
	mean or % ^b	95% C.I. ^c	mean or % ^b	95% C.I. ^c	Sig. ^d	mean or % ^b	95% C.I. ^c	mean or % ^b	95% C.I. ^c	Sig. ^d	mean or % ^b	95% C.I. ^c	mean or % ^b	95% C.I. ^c	Sig. ^d							
No personal doctor or health care provider																						
2011	1,412	16.5%	(13.1 - 20.6)	25,340	18.4%	(17.6 - 19.1)	NS	557	20.0%	(15.3 - 25.8)	10,192	25.1%	(23.8 - 26.3)	NS	855	13.1%	(8.6 - 19.5)	15,148	12.0%	(11.1 - 12.8)	NS	No
2012	892	13.0%	(9.6 - 17.3)	19,132	17.2%	(16.4 - 18.1)	NS	354	15.8%	(10.7 - 22.8)	7,847	23.7%	(22.3 - 25.1)	NS	538	10.1%	(6.2 - 16.2)	11,285	11.0%	(10.1 - 12.0)	NS	No
2013	852	22.3%	(18.2 - 27.1)	17,093	20.9%	(19.8 - 22.0)	NS	321	28.7%	(22.1 - 36.3)	6,956	27.5%	(25.7 - 29.4)	NS	531	16.0%	(11.4 - 22.1)	10,137	14.4%	(13.2 - 15.7)	NS	Yes
2014	1,076	17.9%	(14.7 - 21.5)	22,354	20.2%	(19.2 - 21.2)	NS	452	20.2%	(15.5 - 25.7)	9,569	27.0%	(25.5 - 28.5)	NS	624	15.6%	(11.7 - 20.7)	12,785	13.6%	(12.5 - 14.8)	NS	No
2015	789	19.5%	(15.7 - 24.0)	17,509	19.7%	(18.7 - 20.8)	NS	332	23.0%	(17.1 - 30.3)	7,542	25.7%	(24.1 - 27.5)	NS	457	16.0%	(11.7 - 21.5)	9,967	13.9%	(12.7 - 15.2)	NS	No
Has a personal doctor or health care provider (one or more than one)^a																						
2011	1,412	83.5%	(79.4 - 86.9)	25,340	81.6%	(80.9 - 82.4)	NS	557	80.0%	(74.2 - 84.7)	10,192	74.9%	(73.7 - 76.2)	NS	855	86.9%	(80.5 - 91.4)	15,148	88.0%	(87.2 - 88.9)	NS	No
2012	892	87.0%	(82.7 - 90.4)	19,132	82.8%	(81.9 - 83.6)	NS	354	84.2%	(77.2 - 89.3)	7,847	76.3%	(74.9 - 77.7)	NS	538	89.9%	(83.8 - 93.8)	11,285	89.0%	(88.0 - 89.9)	NS	No
2013	852	77.7%	(72.9 - 81.6)	17,093	79.1%	(78.0 - 80.2)	NS	321	71.3%	(63.7 - 77.9)	6,956	72.5%	(70.6 - 74.3)	NS	531	84.0%	(77.9 - 88.6)	10,137	85.6%	(84.3 - 86.6)	NS	Yes
2014	1,076	82.1%	(78.5 - 85.3)	22,354	79.8%	(78.8 - 80.8)	NS	452	79.8%	(74.3 - 84.5)	9,569	73.0%	(71.5 - 74.5)	NS	624	84.4%	(79.3 - 88.3)	12,785	86.4%	(85.2 - 87.5)	NS	No
2015	789	80.5%	(76.0 - 84.3)	17,509	80.3%	(79.2 - 81.3)	NS	332	77.0%	(69.7 - 82.9)	7,542	74.3%	(72.5 - 75.9)	NS	457	84.0%	(78.5 - 88.3)	9,967	86.1%	(84.8 - 87.3)	NS	No
Has a personal doctor or health care provider (one or more than one), aged 65 years and older^a																						
2011	537	92.6%	(89.3 - 95.0)	8,584	95.7%	(95.1 - 96.2)	-	185	90.6%	(84.6 - 94.4)	3,033	94.4%	(93.4 - 95.3)	NS	352	94.1%	(89.6 - 96.7)	5,551	96.6%	(95.9 - 97.1)	NS	No
2012	322	93.4%	(88.5 - 96.3)	6,711	95.6%	(94.7 - 96.3)	NS	95	87.5%	(75.6 - 94.1)	2,368	93.6%	(91.9 - 95.0)	NS	227	97.1%	(93.7 - 98.7)	4,343	97.1%	(96.3 - 97.7)	NS	No
2013	290	95.6%	(92.3 - 97.5)	6,015	93.9%	(92.9 - 94.8)	NS	92	93.4%	(85.9 - 97.0)	2,188	92.3%	(90.4 - 93.8)	NS	198	97.2%	(94.1 - 98.7)	3,827	95.2%	(93.9 - 96.2)	NS	No
2014	407	96.1%	(93.4 - 97.7)	7,833	95.1%	(94.4 - 95.7)	NS	162	95.5%	(90.6 - 97.9)	3,057	93.5%	(92.2 - 94.6)	NS	245	96.6%	(93.1 - 98.3)	4,776	96.4%	(95.7 - 96.9)	NS	No
2015	265	95.2%	(91.4 - 97.3)	6,022	94.8%	(93.9 - 95.5)	NS	96	92.8%	(85.1 - 96.7)	2,297	93.6%	(92.1 - 94.8)	NS	169	97.0%	(92.9 - 98.8)	3,725	95.7%	(94.6 - 96.6)	NS	No
Needed to see a doctor but could not due to cost in past year^a																						
2011	1,414	10.3%	(7.5 - 14.0)	25,350	12.5%	(11.9 - 13.2)	NS	560	6.0%	(4.1 - 8.7)	10,203	10.7%	(9.9 - 11.6)	-	854	14.4%	(9.7 - 21.0)	15,147	14.2%	(13.4 - 15.2)	NS	Yes
2012	894	8.9%	(5.5 - 14.1)	19,144	12.8%	(12.1 - 13.6)	NS	356	7.6%	(3.5 - 15.7)	7,859	11.1%	(10.0 - 12.2)	NS	538	10.2%	(5.5 - 18.2)	11,285	14.4%	(13.4 - 15.5)	NS	No
2013	851	9.5%	(6.8 - 13.2)	17,103	13.0%	(12.1 - 13.9)	NS	319	8.9%	(5.1 - 14.9)	6,963	10.9%	(9.7 - 12.2)	NS	532	10.2%	(6.8 - 15.0)	10,140	15.0%	(13.8 - 16.4)	NS	No
2014	1,072	8.2%	(6.3 - 10.5)	22,359	11.8%	(11.1 - 12.6)	-	451	5.5%	(3.4 - 8.6)	9,588	10.2%	(9.1 - 11.3)	-	621	10.8%	(8.0 - 14.6)	12,771	13.4%	(12.4 - 14.6)	NS	No
2015	790	8.3%	(6.2 - 11.1)	17,522	11.5%	(10.7 - 12.3)	NS	333	8.8%	(5.7 - 13.4)	7,559	9.8%	(8.7 - 11.1)	NS	457	7.8%	(5.2 - 11.5)	9,963	13.1%	(12.0 - 14.3)	-	No
Had a routine checkup in past year																						
2011	1,388	58.2%	(54.0 - 62.3)	24,983	57.7%	(56.8 - 58.7)	NS	549	53.1%	(47.1 - 59.0)	10,049	50.6%	(49.2 - 52.0)	NS	839	63.1%	(57.1 - 68.8)	14,934	64.6%	(63.4 - 65.8)	NS	No
2012	889	63.3%	(57.5 - 68.7)	18,929	60.4%	(59.4 - 61.4)	NS	354	59.1%	(50.7 - 67.1)	7,789	55.0%	(53.5 - 56.6)	NS	535	67.3%	(59.3 - 74.5)	11,140	65.6%	(64.3 - 66.9)	NS	No
2013	844	58.3%	(53.3 - 63.1)	16,919	61.6%	(60.4 - 62.8)	NS	320	50.5%	(42.9 - 58.0)	6,899	56.2%	(54.3 - 58.1)	NS	524	66.1%	(60.2 - 71.6)	10,020	66.8%	(65.3 - 68.4)	NS	Yes
2014	1,062	64.0%	(60.1 - 67.8)	22,090	63.3%	(62.3 - 64.4)	NS	448	61.5%	(55.5 - 67.2)	9,488	57.7%	(56.1 - 59.3)	NS	614	66.5%	(61.4 - 71.2)	12,602	68.8%	(67.4 - 70.2)	NS	No
2015	787	62.7%	(57.9 - 67.3)	17,331	63.9%	(62.8 - 65.1)	NS	331	60.9%	(53.5 - 67.9)	7,470	58.7%	(56.9 - 60.5)	NS	456	64.5%	(58.3 - 70.2)	9,861	69.1%	(67.5 - 70.6)	NS	No
Heart Disease and Stroke																						
Ever told they had a heart attack																						
2011	1,412	4.1%	(3.1 - 5.3)	25,292	4.3%	(4.0 - 4.7)	NS	558	5.4%	(3.8 - 7.7)	10,194	5.7%	(5.2 - 6.3)	NS	854	2.8%	(1.9 - 4.0)	15,098	2.9%	(2.6 - 3.3)	NS	No
2012	896	4.1%	(2.9 - 5.7)	19,102	4.1%	(3.7 - 4.4)	NS	356	5.1%	(3.2 - 8.1)	7,842	5.3%	(4.8 - 6.0)	NS	540	3.1%	(2.0 - 4.6)	11,260	2.9%	(2.5 - 3.2)	NS	No
2013	846	4.4%	(3.1 - 6.2)	17,035	4.0%	(3.6 - 4.4)	NS	320	6.3%	(4.0 - 9.6)	6,925	5.2%	(4.6 - 5.9)	NS	526	2.5%	(1.4 - 4.3)	10,110	2.9%	(2.4 - 3.4)	NS	No
2014	1,072	4.4%	(3.3 - 6.0)	22,309	3.8%	(3.5 - 4.2)	NS	448	5.9%	(4.0 - 8.7)	9,541	5.1%	(4.6 - 5.6)	NS	624	3.0%	(2.0 - 4.6)	12,768	2.6%	(2.3 - 3.0)	NS	No
2015	783	4.8%	(3.4 - 6.6)	17,455	3.9%	(3.5 - 4.3)	NS	329	6.4%	(4.1 - 9.7)	7,530	5.3%	(4.7 - 6.0)	NS	454	3.2%	(1.9 - 5.3)	9,925	2.5%	(2.2 - 2.9)	NS	No
Ever told they have coronary heart disease																						
2011	1,404	2.9%	(2.2 - 3.8)	25,121	3.9%	(3.6 - 4.2)	NS	553	3.3%	(2.2 - 5.0)	10,110	4.8%	(4.4 - 5.3)	NS	851	2.4%	(1.7 - 3.5)	15,011	3.1%	(2.7 - 3.4)	NS	No
2012	890	4.5%	(2.3 - 8.9)	18,988	3.9%	(3.6 - 4.3)	NS	351	4.3%	(2.6 - 7.2)	7,796	4.9%	(4.4 - 5.5)	NS	539	4.7%	(1.4 - 15.2)	11,192	3.0%	(2.6 - 3.4)	NS	No
2013	840	4.5%	(3.1 - 6.3)	16,942	4.1%	(3.7 - 4.5)	NS	313	6.9%	(4.5 - 10.4)	6,884	5.1%	(4.5 - 5.8)	NS	527	2.1%	(1.2 - 3.6)	10,058	3.0%	(2.6 - 3.6)	NS	Yes
2014	1,067	4.4%	(3.3 - 5.8)	22,202	3.9%	(3.6 - 4.3)	NS	449	5.6%	(3.8 - 8.0)	9,509	4.8%	(4.3 - 5.4)	NS	618	3.2%	(2.1 - 4.8)	12,693	3.1%	(2.7 - 3.5)	NS	No
2015	785	4.2%	(2.8 - 6.2)	17,403	4.0%	(3.6 - 4.3)	NS	328	5.4%	(3.2 - 9.1)	7,503	5.0%	(4.4 - 5.7)	NS	457	2.9%	(1.6 - 5.2)	9,900	2.9%	(2.6 - 3.3)	NS	No
Ever told they had a heart attack or coronary heart disease																						
2011	1,406	5.8%	(4.7 - 7.2)	25,158	6.4%	(6.0 - 6.7)	NS	555	7.1%	(5.2 - 9.6)	10,143	8.0%	(7.4 - 8.7)	NS	851	4.6%	(3.5 - 6.1)	15,015	4.8%	(4.4 - 5.2)	NS	No
2012	894	6.8%	(4.2 - 10.8)	18,998	6.2%	(5.8 - 6.6)	NS	354	6.6%	(4.4 - 9.9)	7,806	7.8%	(7.1 - 8.5)	NS	540	7.0%	(3.0 - 15.4)	11,192	4.6%	(4.2 - 5.1)	NS	No
2013	840	6.4%	(4.8 - 8.5)	16,935	6.2%	(5.7 - 6.7)	NS	315	9.0%	(6.2 - 12.9)	6,882	7.7%	(7.0 - 8.6)	NS	525	3.9%	(2.5 - 5.9)	10,053	4.7%	(4.1 - 5.3)	NS	Yes
2014	1,064	7.1%	(5.6 - 8.9)	22,180	6.0%	(5.6 - 6.4)	NS	446	8.7%	(6.3 - 11.9)	9,493	7.4%	(6.8 - 8.1)	NS	618	5.4%	(3.9 - 7.5)	12,687	4.6%	(4.1 - 5.0)	NS	No
2015	781	7.1%	(5.2 - 9.4)	17,383	5.8%	(5.4 - 6.3)	NS	327	8.9%	(5.9 - 13.1)	7,503	7.5%	(6.7 - 8.3)	NS	454	5.3%	(3.5 - 8.0)	9,880	4.3%	(3.9 - 4.8)	NS	No
Ever told they had a stroke																						
2011	1,415	2.5%	(1.8 - 3.3)	25,355	2.8%	(2.4 - 2.9)	NS	560	2.4%	(1.5 - 3.9)	10,209	2.4%	(2.1 - 2.8)	NS	855	2.5%	(1.7 - 3.6)	15,146	2.8%	(2.5 - 3.2)	NS	No
2012	895	2.2%	(1.4 - 3.4)	19,118	2.4%	(2.2 - 2.7)	NS	354	2.0%	(1.0 - 4.2)	7,851	2.7%	(2.3 - 3.1)	NS	541	2.4%	(1.5 - 3.8)	11,267	2.2%	(1.9 - 2.6)	NS	No
2013	851	3.0%	(2.1 - 4.3)	17,080	2.5%	(2.2 - 2.8)	NS	319	1.9%	(1.0 - 3.7)	6,954	2.2%	(1.9 - 2.6)	NS	532	4.1%	(2.7 - 6.1)	10,126	2.8%	(2.4 - 3.3)	NS	No
2014	1,075	3.6%	(2.6 - 4.9)	22,359	2.6%	(2.4 - 2.9)	NS	451	3.0%	(1.8 - 4.8)	9,576	2.7%	(2.3 - 3.1)	NS	624	4.1%	(2.7 - 6.4)	12,783	2.6%	(2.2 - 3.0)	NS	No
2015	790	4.0%	(2.7 - 5.9)	17,509	2.5%	(2.3 - 2.9)	NS	331	3.6%	(2.0 - 6.5)	7,550	2.7%	(2.2 - 3.1)	NS	459	4.4%	(2.6 - 7.2)	9,959	2.4%	(2.1 - 2.8)	NS	No

Indicators	Overall						Men						Women						LHD Gender Diff. ^e			
	Northeast			State of NE			Northeast			State of NE			Northeast			State of NE						
	n ^a	mean or % ^b	95% C.I. ^c (Low - High)	n ^a	mean or % ^b	95% C.I. ^c (Low - High)	Sig ^d	n ^a	mean or % ^b	95% C.I. ^c (Low - High)	n ^a	mean or % ^b	95% C.I. ^c (Low - High)	Sig ^d	n ^a	mean or % ^b	95% C.I. ^c (Low - High)	n ^a		mean or % ^b	95% C.I. ^c (Low - High)	Sig ^d
Blood Pressure and Cholesterol																						
<u>Had blood pressure checked in past year</u>																						
2011	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
2012	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
2013	371	87.8%	(81.5 - 92.2)	7,804	84.6%	(83.1 - 86.0)	NS	137	80.3%	(67.6 - 88.9)	3,150	81.2%	(78.8 - 83.4)	NS	234	93.5%	(88.7 - 96.3)	4,654	87.8%	(85.8 - 89.5)	NS	No
2014	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
2015	375	88.2%	(82.7 - 92.2)	7,947	88.0%	(86.6 - 89.2)	NS	165	84.8%	(75.6 - 90.9)	3,461	85.2%	(83.1 - 87.1)	NS	210	92.3%	(85.5 - 96.0)	4,486	90.6%	(88.8 - 92.2)	NS	No
<u>Ever told they have high blood pressure (excluding pregnancy)^a</u>																						
2011	1,418	28.6%	(25.3 - 32.2)	25,356	28.5%	(27.8 - 29.3)	NS	560	28.4%	(23.9 - 33.3)	10,212	30.3%	(29.1 - 31.5)	NS	858	28.8%	(24.1 - 34.0)	15,144	26.9%	(25.9 - 27.9)	NS	No
2012	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
2013	851	29.8%	(26.1 - 33.8)	17,085	30.3%	(29.2 - 31.4)	NS	321	30.7%	(24.8 - 37.2)	6,956	32.5%	(30.8 - 34.1)	NS	530	29.0%	(24.6 - 33.8)	10,129	28.2%	(26.9 - 29.6)	NS	No
2014	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
2015	789	31.5%	(27.8 - 35.4)	17,515	29.9%	(28.9 - 30.9)	NS	332	33.9%	(28.2 - 40.0)	7,546	32.6%	(31.1 - 34.2)	NS	457	29.1%	(24.4 - 34.2)	9,969	27.2%	(26.0 - 28.5)	NS	No
<u>Currently taking blood pressure medication, among those ever told they have high BP</u>																						
2011	551	78.7%	(69.1 - 85.9)	9,505	77.9%	(76.5 - 79.2)	NS	219	72.6%	(62.7 - 80.7)	3,877	72.0%	(69.8 - 74.1)	NS	332	84.4%	(64.2 - 94.2)	5,628	84.2%	(82.5 - 85.7)	NS	No
2012	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
2013	344	82.3%	(75.0 - 87.9)	6,747	78.5%	(76.6 - 80.3)	NS	133	77.8%	(65.3 - 86.7)	2,828	73.1%	(70.2 - 75.9)	NS	211	87.1%	(79.2 - 92.3)	3,919	84.5%	(82.3 - 86.4)	NS	No
2014	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
2015	306	85.0%	(79.0 - 89.5)	6,685	77.8%	(75.9 - 79.6)	NS	136	85.6%	(77.8 - 91.1)	3,016	73.0%	(70.1 - 75.7)	+	170	84.2%	(74.2 - 90.9)	3,669	83.4%	(80.9 - 85.6)	NS	No
<u>Had cholesterol checked in past 5 years^a</u>																						
2011	1,379	66.0%	(61.5 - 70.2)	24,606	71.8%	(71.0 - 72.7)	-	542	65.1%	(58.9 - 70.8)	9,923	67.9%	(66.6 - 69.3)	NS	837	66.8%	(60.2 - 72.9)	14,683	75.6%	(74.5 - 76.7)	-	No
2012	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
2013	830	68.0%	(62.6 - 72.9)	16,649	74.0%	(72.8 - 75.2)	NS	310	62.8%	(54.4 - 70.6)	6,804	71.1%	(69.2 - 72.9)	NS	520	73.0%	(66.5 - 78.7)	9,845	76.9%	(75.3 - 78.4)	NS	No
2014	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
2015	768	70.3%	(65.4 - 74.8)	16,986	75.1%	(73.9 - 76.2)	NS	325	69.2%	(61.6 - 75.9)	7,354	71.8%	(70.0 - 73.5)	NS	443	71.4%	(64.8 - 77.3)	9,632	78.2%	(76.8 - 79.7)	NS	No
<u>Ever told they have high cholesterol, among those who have ever had it checked^a</u>																						
2011	1,151	37.0%	(32.9 - 41.4)	20,831	38.3%	(37.3 - 39.3)	NS	436	37.9%	(32.2 - 44.1)	8,015	40.6%	(39.1 - 42.1)	NS	715	36.2%	(30.4 - 42.4)	12,816	36.3%	(35.1 - 37.6)	NS	No
2012	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
2013	700	33.3%	(29.1 - 37.9)	14,365	37.4%	(36.1 - 38.6)	NS	246	34.8%	(27.9 - 42.5)	5,672	40.0%	(38.0 - 41.9)	NS	454	32.1%	(27.1 - 37.5)	8,693	35.0%	(33.5 - 36.6)	NS	No
2014	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
2015	645	31.3%	(27.3 - 35.5)	14,651	35.1%	(34.0 - 36.3)	NS	265	30.0%	(24.2 - 36.4)	6,128	37.5%	(35.7 - 39.4)	NS	380	32.5%	(27.3 - 38.2)	8,523	33.0%	(31.5 - 34.5)	NS	No
Diabetes																						
<u>Ever told they have diabetes (excluding pregnancy)^a</u>																						
2011	1,417	10.6%	(8.0 - 13.9)	25,393	8.4%	(7.9 - 8.8)	NS	559	10.3%	(7.4 - 14.1)	10,222	8.6%	(7.9 - 9.3)	NS	858	10.8%	(6.9 - 16.5)	15,171	8.2%	(7.6 - 8.8)	NS	No
2012	895	11.6%	(9.1 - 14.7)	19,156	8.1%	(7.6 - 8.6)	+	354	12.1%	(8.2 - 17.5)	7,861	8.3%	(7.6 - 9.1)	NS	541	11.1%	(8.3 - 14.7)	11,295	7.9%	(7.3 - 8.5)	NS	No
2013	853	8.3%	(6.6 - 10.5)	17,110	9.2%	(8.5 - 9.9)	NS	321	9.0%	(6.4 - 12.6)	6,968	10.1%	(9.0 - 11.2)	NS	532	7.6%	(5.5 - 10.5)	10,142	8.3%	(7.5 - 9.2)	NS	No
2014	1,078	10.5%	(8.7 - 12.7)	22,388	9.2%	(8.6 - 9.7)	NS	453	9.7%	(7.2 - 13.0)	9,598	9.7%	(8.9 - 10.6)	NS	625	11.3%	(8.8 - 14.3)	12,790	8.6%	(7.9 - 9.3)	NS	No
2015	790	10.5%	(8.4 - 13.0)	17,547	8.8%	(8.2 - 9.4)	NS	331	9.8%	(7.1 - 13.4)	7,565	9.0%	(8.2 - 9.9)	NS	459	11.1%	(8.1 - 15.0)	9,982	8.6%	(7.8 - 9.3)	NS	No
<u>Ever told they have pre-diabetes (excluding pregnancy)</u>																						
2011	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
2012	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
2013	446	5.3%	(3.4 - 8.3)	8,549	5.5%	(4.8 - 6.3)	NS	167	6.3%	(3.2 - 11.8)	3,452	5.9%	(4.8 - 7.2)	NS	279	4.7%	(2.5 - 8.4)	5,097	5.1%	(4.1 - 6.2)	NS	No
2014	542	5.5%	(3.7 - 8.1)	11,165	5.8%	(5.1 - 6.5)	NS	207	6.2%	(3.5 - 10.6)	4,723	5.8%	(4.8 - 6.9)	NS	335	5.0%	(2.8 - 8.7)	6,442	5.7%	(4.9 - 6.7)	NS	No
2015	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
Cancer																						
<u>Ever told they have skin cancer</u>																						
2011	1,413	4.7%	(3.7 - 5.9)	25,359	5.6%	(5.3 - 6.0)	NS	557	5.2%	(3.7 - 7.2)	10,205	6.3%	(5.8 - 6.8)	NS	856	4.2%	(3.1 - 5.8)	15,154	5.0%	(4.6 - 5.5)	NS	No
2012	897	4.9%	(3.7 - 6.5)	19,133	5.6%	(5.2 - 6.0)	NS	356	5.6%	(3.8 - 8.4)	7,859	5.8%	(5.3 - 6.4)	NS	541	4.3%	(2.9 - 6.2)	11,274	5.4%	(4.9 - 6.0)	NS	No
2013	851	5.2%	(3.7 - 7.2)	17,087	5.9%	(5.5 - 6.3)	NS	319	7.3%	(4.7 - 11.2)	6,956	6.3%	(5.7 - 7.1)	NS	532	3.0%	(2.0 - 4.7)	10,131	5.4%	(4.9 - 6.0)	-	Yes
2014	1,078	5.0%	(3.8 - 6.5)	22,370	5.7%	(5.4 - 6.1)	NS	453	5.9%	(4.0 - 8.7)	9,586	5.9%	(5.4 - 6.5)	NS	625	4.0%	(2.8 - 5.7)	12,784	5.6%	(5.1 - 6.1)	NS	No
2015	789	6.2%	(4.7 - 8.2)	17,512	6.0%	(5.6 - 6.4)	NS	331	6.5%	(4.3 - 9.7)	7,556	6.4%	(5.7 - 7.0)	NS	458	6.0%	(4.1 - 8.7)	9,956	5.6%	(5.1 - 6.2)	NS	No
<u>Ever told they have cancer other than skin cancer</u>																						
2011	1,417	7.1%	(5.6 - 8.9)	25,369	6.6%	(6.2 - 7.0)	NS	560	5.4%	(3.8 - 7.7)	10,219	5.0%	(4.6 - 5.5)	NS	857	8.7%	(6.4 - 11.6)	15,150	8.1%	(7.5 - 8.6)	NS	No
2012	897	6.5%	(4.8 - 8.8)	19,136	6.5%	(6.0 - 6.9)	NS	356	4.8%	(2.8 - 8.0)	7,858	5.0%	(4.5 - 5.6)	NS	541	8.2%	(5.7 - 11.8)	11,278	7.9%	(7.2 - 8.5)	NS	No
2013	852	8.1%	(6.3 - 10.3)	17,104	6.8%	(6.3 - 7.3)	NS	320	7.4%	(5.0 - 10.9)	6,965	5.6%	(5.0 - 6.4)	NS	532	8.8%	(6.5 - 11.8)	10,139	8.0%	(7.3 - 8.8)	NS	No
2014	1,077	6.1%	(4.8 - 7.7)	22,380	6.1%	(5.7 - 6.5)	NS	452	4.9%	(3.4 - 7.2)	9,590	4.6%	(4.1 - 5.1)	NS	625	7.2%	(5.3 - 9.6)	12,790	7.6%	(7.0 - 8.3)	NS	No
2015	790	6.4%	(4.8 - 8.3)	17,524	6.9%	(6.4 - 7.3)	NS	332	5.6%	(3.7 - 8.4)	7,557	5.2%	(4.6 - 5.8)	NS	458	7.1%	(4.9 - 10.1)	9,967	8.5%	(7.8 - 9.2)	NS	No

Indicators	Overall							Men							Women							LHD Gender Diff. ^e
	Northeast			State of NE			Sig ^d	Northeast			State of NE			Sig ^d	Northeast			State of NE			Sig ^d	
	n ^a	mean or % ^b	95% C.I. ^c (Low - High)	n ^a	mean or % ^b	95% C.I. ^c (Low - High)		n ^a	mean or % ^b	95% C.I. ^c (Low - High)	n ^a	mean or % ^b	95% C.I. ^c (Low - High)		n ^a	mean or % ^b	95% C.I. ^c (Low - High)	n ^a	mean or % ^b	95% C.I. ^c (Low - High)		
Ever told they have cancer (in any form)																						
2011	1,412	10.8%	(9.1 - 12.9)	25,315	11.2%	(10.7 - 11.7)	NS	557	9.2%	(7.1 - 11.9)	10,192	10.1%	(9.5 - 10.8)	NS	855	12.4%	(9.8 - 15.6)	15,123	12.2%	(11.5 - 12.9)	NS	No
2012	897	10.4%	(8.3 - 13.0)	19,100	10.8%	(10.3 - 11.4)	NS	356	9.2%	(6.5 - 12.9)	7,846	9.6%	(8.9 - 10.4)	NS	541	11.6%	(8.6 - 15.4)	11,254	11.9%	(11.2 - 12.7)	NS	No
2013	850	12.2%	(9.9 - 14.9)	17,062	11.4%	(10.8 - 12.1)	NS	318	13.0%	(9.4 - 17.6)	6,946	10.6%	(9.7 - 11.6)	NS	532	11.5%	(8.8 - 14.7)	10,116	12.3%	(11.4 - 13.2)	NS	No
2014	1,077	9.8%	(8.2 - 11.8)	22,338	10.7%	(10.2 - 11.2)	NS	452	9.5%	(7.1 - 12.7)	9,568	9.3%	(8.6 - 10.0)	NS	625	10.1%	(8.0 - 12.8)	12,770	12.1%	(11.4 - 12.9)	NS	No
2015	788	11.3%	(9.2 - 13.8)	17,481	11.6%	(11.0 - 12.2)	NS	331	11.0%	(8.0 - 14.8)	7,541	10.2%	(9.5 - 11.1)	NS	457	11.6%	(8.8 - 15.2)	9,940	12.9%	(12.1 - 13.8)	NS	No
Up-to-date on colon cancer screening, 50-75 year olds^a																						
2011	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
2012	446	50.1%	(43.9 - 56.2)	9,022	61.1%	(59.6 - 62.5)	-	188	52.3%	(42.7 - 61.7)	3,733	58.4%	(56.1 - 60.6)	NS	258	47.7%	(40.5 - 55.1)	5,289	63.6%	(61.7 - 65.4)	-	No
2013	387	57.5%	(51.5 - 63.3)	7,979	62.8%	(61.1 - 64.4)	NS	156	52.9%	(43.9 - 61.7)	3,275	61.0%	(58.5 - 63.6)	NS	231	62.9%	(55.5 - 69.7)	4,704	64.4%	(62.2 - 66.6)	NS	No
2014	502	53.3%	(48.3 - 58.2)	10,646	64.1%	(62.8 - 65.5)	-	228	54.0%	(46.6 - 61.2)	4,681	63.0%	(61.0 - 65.1)	NS	274	52.5%	(45.8 - 59.1)	5,965	65.2%	(63.4 - 67.0)	-	No
2015	357	60.5%	(54.5 - 66.2)	8,007	65.2%	(63.6 - 66.7)	NS	156	56.8%	(48.0 - 65.1)	3,446	63.7%	(61.3 - 66.1)	NS	201	64.1%	(55.7 - 71.7)	4,561	66.6%	(64.6 - 68.5)	NS	No
Up-to-date on breast cancer screening, female 50-74 year olds^a																						
2011	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
2012	254	69.2%	(62.4 - 75.3)	5,200	74.9%	(73.2 - 76.5)	NS	-	-	-	-	-	-	254	69.2%	(62.4 - 75.3)	5,200	74.9%	(73.2 - 76.5)	NS	NA	
2013	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
2014	263	63.7%	(56.9 - 70.0)	5,904	76.1%	(74.5 - 77.7)	-	-	-	-	-	-	-	263	63.7%	(56.9 - 70.0)	5,904	76.1%	(74.5 - 77.7)	-	NA	
2015	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
Up-to-date on cervical cancer screening, female 21-65 year olds^a																						
2011	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
2012	236	84.6%	(77.5 - 89.8)	5,055	83.9%	(82.5 - 85.2)	NS	-	-	-	-	-	-	236	84.6%	(77.5 - 89.8)	5,055	83.9%	(82.5 - 85.2)	NS	NA	
2013	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
2014	284	74.0%	(67.0 - 80.1)	5,779	81.7%	(80.0 - 83.3)	NS	-	-	-	-	-	-	284	74.0%	(67.0 - 80.1)	5,779	81.7%	(80.0 - 83.3)	NS	NA	
2015	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
Arthritis																						
Ever told they have arthritis																						
2011	1,415	22.5%	(20.0 - 25.3)	25,285	23.4%	(22.8 - 24.1)	NS	560	20.2%	(16.6 - 24.3)	10,184	20.1%	(19.2 - 21.1)	NS	855	24.8%	(21.3 - 28.6)	15,101	26.6%	(25.7 - 27.6)	NS	No
2012	894	22.4%	(19.1 - 26.2)	19,089	24.6%	(23.8 - 25.4)	NS	356	19.3%	(14.6 - 25.2)	7,839	21.5%	(20.3 - 22.6)	NS	538	25.5%	(20.9 - 30.6)	11,250	27.7%	(26.6 - 28.8)	NS	No
2013	847	23.0%	(19.8 - 26.5)	17,017	24.7%	(23.8 - 25.7)	NS	319	18.8%	(14.7 - 23.9)	6,925	21.6%	(20.2 - 23.0)	NS	528	27.1%	(22.7 - 32.0)	10,092	27.8%	(26.5 - 29.2)	NS	No
2014	1,074	24.1%	(21.2 - 27.2)	22,307	24.6%	(23.8 - 25.4)	NS	450	22.3%	(18.1 - 27.2)	9,560	21.6%	(20.5 - 22.8)	NS	624	25.8%	(22.1 - 29.9)	12,747	27.4%	(26.3 - 28.6)	NS	No
2015	790	23.1%	(20.0 - 26.5)	17,472	23.4%	(22.6 - 24.3)	NS	332	21.9%	(17.5 - 27.0)	7,540	19.7%	(18.5 - 20.9)	NS	458	24.3%	(20.0 - 29.1)	9,932	27.1%	(25.9 - 28.4)	NS	No
Currently have activity limitations due to arthritis, among those ever told they have arthritis^a																						
2011	438	45.0%	(39.1 - 51.0)	7,973	45.2%	(43.6 - 46.8)	NS	147	38.0%	(28.7 - 48.3)	2,711	42.6%	(40.0 - 45.2)	NS	291	50.6%	(43.4 - 57.7)	5,262	47.1%	(45.1 - 49.2)	NS	No
2012	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
2013	250	37.4%	(30.4 - 45.0)	5,460	42.4%	(40.3 - 44.6)	NS	79	35.7%	(25.1 - 48.0)	1,861	41.0%	(37.4 - 44.6)	NS	171	38.6%	(29.7 - 48.4)	3,599	43.5%	(40.8 - 46.2)	NS	No
2014	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
2015	219	47.9%	(40.1 - 55.8)	5,146	44.0%	(41.9 - 46.1)	NS	87	44.9%	(33.5 - 56.9)	1,852	41.9%	(38.6 - 45.3)	NS	132	50.6%	(40.4 - 60.8)	3,294	45.5%	(42.9 - 48.1)	NS	No
Asthma																						
Ever told they have asthma																						
2011	1,414	9.5%	(7.3 - 12.1)	25,327	11.5%	(10.9 - 12.1)	NS	557	8.2%	(5.5 - 12.1)	10,194	10.5%	(9.6 - 11.3)	NS	857	10.7%	(7.7 - 14.7)	15,133	12.4%	(11.6 - 13.3)	NS	No
2012	895	9.1%	(6.2 - 13.2)	19,105	10.8%	(10.2 - 11.5)	NS	355	9.9%	(5.4 - 17.7)	7,847	9.7%	(8.8 - 10.7)	NS	540	8.4%	(5.5 - 12.5)	11,258	11.9%	(11.1 - 12.9)	NS	No
2013	848	10.8%	(7.7 - 14.9)	17,068	11.2%	(10.5 - 12.0)	NS	318	10.8%	(6.1 - 18.5)	6,946	9.6%	(8.6 - 10.8)	NS	530	10.8%	(7.6 - 15.2)	10,122	12.8%	(11.7 - 13.9)	NS	No
2014	1,075	11.4%	(8.8 - 14.5)	22,355	12.2%	(11.5 - 13.0)	NS	452	11.9%	(8.0 - 17.5)	9,583	10.8%	(9.8 - 11.9)	NS	623	10.8%	(8.1 - 14.3)	12,772	13.6%	(12.6 - 14.7)	NS	No
2015	787	11.6%	(9.0 - 14.8)	17,492	12.1%	(11.3 - 12.9)	NS	329	8.6%	(5.6 - 12.9)	7,554	10.7%	(9.6 - 12.0)	NS	458	14.6%	(10.6 - 19.7)	9,938	13.4%	(12.3 - 14.5)	NS	No
Currently have asthma																						
2011	1,411	6.2%	(4.5 - 8.3)	25,257	7.3%	(6.9 - 7.8)	NS	556	4.2%	(2.7 - 6.6)	10,170	6.0%	(5.4 - 6.7)	NS	855	8.0%	(5.4 - 11.8)	15,087	8.6%	(8.0 - 9.4)	NS	No
2012	893	6.1%	(3.7 - 10.0)	19,053	7.4%	(6.9 - 7.9)	NS	355	6.7%	(3.0 - 14.7)	7,832	6.1%	(5.4 - 6.9)	NS	538	5.4%	(3.2 - 9.1)	11,221	8.7%	(7.9 - 9.4)	NS	No
2013	846	7.1%	(4.7 - 10.5)	17,024	7.3%	(6.7 - 8.0)	NS	318	7.3%	(3.7 - 14.2)	6,930	5.5%	(4.8 - 6.4)	NS	528	6.8%	(4.4 - 10.2)	10,094	9.1%	(8.2 - 10.0)	NS	No
2014	1,073	8.1%	(5.9 - 11.1)	22,289	7.7%	(7.2 - 8.3)	NS	450	8.0%	(4.6 - 13.4)	9,562	6.2%	(5.5 - 7.0)	NS	623	8.2%	(5.8 - 11.6)	12,727	9.2%	(8.4 - 10.1)	NS	No
2015	782	8.1%	(6.1 - 10.8)	17,435	7.2%	(6.6 - 7.8)	NS	328	5.6%	(3.5 - 8.9)	7,533	5.4%	(4.7 - 6.2)	NS	454	10.6%	(7.3 - 15.1)	9,902	8.9%	(8.0 - 9.9)	NS	No
Chronic Obstructive Pulmonary Disease (COPD)																						
Ever told they have COPD																						
2011	1,412	3.9%	(2.8 - 5.5)	25,280	5.0%	(4.6 - 5.3)	NS	554	5.4%	(3.4 - 8.5)	10,171	4.4%	(3.9 - 4.9)	NS	858	2.5%	(1.6 - 3.8)	15,109	5.5%	(5.0 - 6.0)	-	No
2012	892	4.9%	(2.5 - 9.2)	19,075	5.3%	(4.9 - 5.8)	NS	355	2.5%	(1.3 - 4.6)	7,832	4.7%	(4.1 - 5.3)	NS	537	7.2%	(3.1 - 15.9)	11,243	6.0%	(5.4 - 6.6)	NS	No
2013	847	4.7%	(3.2 - 6.8)	17,035	5.3%	(4.9 - 5.8)	NS	318	4.8%	(2.9 - 7.9)	6,932	4.8%	(4.2 - 5.5)	NS	529	4.6%	(2.6 - 7.9)	10,103	5.8%	(5.2 - 6.6)	NS	No
2014	1,071	5.0%	(3.7 - 6.6)	22,313	5.8%	(5.3 - 6.2)	NS	450	4.5%	(2.8 - 7.1)	9,555	5.5%	(4.9 - 6.2)	NS	621	5.5%	(3.8 - 7.8)	12,758	6.1%	(5.5 - 6.7)	NS	No
2015	788	5.0%	(3.5 - 7.2)	17,466	5.4%	(5.0 - 5.9)	NS	331	5.5%	(3.2 - 9.5)	7,536	4.8%	(4.2 - 5.4)	NS	457	4.5%	(2.8 - 7.2)	9,930	6.1%	(5.5 - 6.7)	NS	No

Indicators	Overall						Men						Women						LHD Gender Diff. ^e			
	Northeast			State of NE			Northeast			State of NE			Northeast			State of NE						
	n ^a	mean or % ^b	95% C.I. ^c (Low - High)	n ^a	mean or % ^b	95% C.I. ^c (Low - High)	Sig ^d	n ^a	mean or % ^b	95% C.I. ^c (Low - High)	n ^a	mean or % ^b	95% C.I. ^c (Low - High)	Sig ^d	n ^a	mean or % ^b	95% C.I. ^c (Low - High)	n ^a		mean or % ^b	95% C.I. ^c (Low - High)	Sig ^d
Kidney Disease																						
Ever told they have kidney disease																						
2011	1,415	2.8%	(1.9 - 4.1)	25,345	2.2%	(2.0 - 2.4)	NS	559	2.0%	(0.9 - 4.1)	10,208	2.1%	(1.8 - 2.5)	NS	856	3.6%	(2.4 - 5.4)	15,137	2.2%	(2.0 - 2.5)	NS	No
2012	894	4.2%	(1.9 - 8.7)	19,122	2.4%	(2.2 - 2.7)	NS	356	2.1%	(1.0 - 4.5)	7,850	2.2%	(1.8 - 2.6)	NS	538	6.2%	(2.3 - 15.5)	11,272	2.7%	(2.3 - 3.1)	NS	No
2013	852	1.6%	(1.0 - 2.6)	17,080	2.0%	(1.8 - 2.3)	NS	320	1.6%	(0.7 - 3.2)	6,953	1.9%	(1.5 - 2.4)	NS	532	1.7%	(1.0 - 3.0)	10,127	2.1%	(1.8 - 2.6)	NS	No
2014	1,076	3.1%	(2.1 - 4.5)	22,362	2.1%	(1.9 - 2.4)	NS	452	3.4%	(1.9 - 5.8)	9,586	2.0%	(1.7 - 2.4)	NS	624	2.8%	(1.7 - 4.5)	12,776	2.3%	(2.0 - 2.6)	NS	No
2015	790	1.8%	(1.1 - 2.8)	17,502	2.4%	(2.1 - 2.7)	NS	331	1.4%	(0.6 - 3.1)	7,550	2.2%	(1.8 - 2.7)	NS	459	2.2%	(1.3 - 3.7)	9,952	2.5%	(2.1 - 2.9)	NS	No
Tobacco																						
Current cigarette smoking ^a																						
2011	1,408	18.6%	(15.6 - 21.9)	25,324	20.0%	(19.3 - 20.7)	NS	555	21.7%	(17.1 - 27.2)	10,189	22.1%	(21.0 - 23.3)	NS	853	15.5%	(12.2 - 19.6)	15,135	17.9%	(17.0 - 18.9)	NS	No
2012	892	15.7%	(12.1 - 20.3)	18,985	19.7%	(18.9 - 20.6)	NS	354	15.9%	(10.7 - 23.1)	7,801	21.4%	(20.1 - 22.7)	NS	538	15.5%	(10.8 - 21.8)	11,184	18.1%	(17.0 - 19.2)	NS	No
2013	830	16.5%	(13.2 - 20.4)	16,687	18.5%	(17.5 - 19.5)	NS	310	18.9%	(13.7 - 25.5)	6,790	19.8%	(18.3 - 21.4)	NS	520	14.2%	(10.5 - 18.9)	9,897	17.2%	(15.9 - 18.5)	NS	No
2014	1,039	21.9%	(18.7 - 25.6)	21,729	17.3%	(16.5 - 18.2)	+	434	23.3%	(18.3 - 29.3)	9,311	18.5%	(17.3 - 19.9)	NS	605	20.6%	(16.5 - 25.3)	12,418	16.2%	(15.1 - 17.3)	NS	No
2015	779	13.8%	(11.0 - 17.0)	17,079	17.1%	(16.2 - 18.1)	NS	326	16.3%	(12.0 - 21.9)	7,355	18.4%	(17.0 - 19.9)	NS	453	11.2%	(8.3 - 15.0)	9,724	15.8%	(14.7 - 17.1)	NS	No
Attempted to quit smoking in past year, among current cigarette smokers																						
2011	234	68.9%	(60.2 - 76.4)	4,195	55.6%	(53.5 - 57.7)	+	107	72.3%	(58.9 - 82.7)	1,914	53.4%	(50.4 - 56.3)	+	127	64.4%	(53.2 - 74.1)	2,281	58.3%	(55.4 - 61.2)	NS	No
2012	121	45.4%	(32.2 - 59.4)	3,023	57.1%	(54.7 - 59.6)	NS	51	43.6%	(24.8 - 64.5)	1,406	55.2%	(51.7 - 58.7)	NS	70	47.3%	(29.8 - 65.5)	1,617	59.3%	(55.9 - 62.7)	NS	No
2013	117	60.7%	(48.9 - 71.4)	2,546	57.1%	(54.1 - 60.2)	NS	55	65.9%	(48.8 - 79.7)	1,147	55.9%	(51.5 - 60.3)	NS	62	54.1%	(38.2 - 69.1)	1,399	58.5%	(54.3 - 62.6)	NS	No
2014	165	62.1%	(53.0 - 70.4)	3,241	58.2%	(55.5 - 60.9)	NS	76	60.9%	(47.4 - 72.9)	1,489	57.9%	(54.0 - 61.8)	NS	89	63.4%	(51.2 - 74.1)	1,752	58.5%	(54.6 - 62.2)	NS	No
2015	104	57.6%	(45.9 - 68.5)	2,476	59.1%	(56.1 - 62.0)	NS	51	55.0%	(38.7 - 70.3)	1,145	59.2%	(54.8 - 63.5)	NS	53	61.3%	(45.5 - 75.0)	1,331	58.9%	(54.8 - 62.9)	NS	No
Current smokeless tobacco use ^a																						
2011	1,418	6.3%	(4.4 - 8.9)	25,406	5.6%	(5.2 - 6.0)	NS	560	11.0%	(7.6 - 15.6)	10,231	10.5%	(9.7 - 11.4)	NS	858	1.8%	(0.6 - 5.2)	15,175	0.8%	(0.6 - 1.0)	NS	Yes
2012	895	5.2%	(3.1 - 8.7)	19,041	5.1%	(4.6 - 5.6)	NS	355	9.7%	(5.6 - 16.3)	7,828	9.5%	(8.7 - 10.5)	NS	540	0.9%	(0.2 - 3.2)	11,213	0.8%	(0.6 - 1.2)	NS	Yes
2013	832	5.9%	(3.9 - 8.7)	16,732	5.3%	(4.7 - 5.9)	NS	310	11.8%	(7.8 - 17.3)	6,813	10.1%	(9.0 - 11.2)	NS	522	0.2%	(0.0 - 1.2)	9,919	0.7%	(0.5 - 0.9)	NS	Yes
2014	1,049	7.5%	(5.4 - 10.3)	21,797	4.7%	(4.2 - 5.1)	+	441	12.0%	(8.5 - 16.8)	9,340	8.5%	(7.7 - 9.3)	NS	608	2.9%	(1.3 - 6.5)	12,457	1.0%	(0.7 - 1.3)	NS	Yes
2015	779	6.1%	(4.3 - 8.6)	17,123	5.5%	(4.9 - 6.1)	NS	326	11.2%	(7.8 - 15.9)	7,372	9.9%	(8.9 - 11.1)	NS	453	1.2%	(0.4 - 3.2)	9,751	1.1%	(0.8 - 1.6)	NS	Yes
Has rule not allowing smoking anywhere inside their home																						
2011	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	
2012	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	
2013	368	89.2%	(85.3 - 92.2)	7,750	88.7%	(87.4 - 89.8)	NS	136	88.8%	(81.6 - 93.5)	3,121	88.3%	(86.2 - 90.0)	NS	232	89.6%	(84.6 - 93.0)	4,629	89.1%	(87.5 - 90.5)	NS	No
2014	512	87.7%	(83.5 - 91.0)	10,582	89.0%	(87.9 - 90.0)	NS	198	86.3%	(79.4 - 91.2)	4,448	87.9%	(86.1 - 89.5)	NS	314	88.8%	(83.1 - 92.7)	6,134	90.0%	(88.6 - 91.2)	NS	No
2015	341	89.2%	(84.2 - 92.7)	7,816	90.1%	(88.9 - 91.1)	NS	129	82.8%	(72.8 - 89.6)	3,261	89.2%	(87.2 - 90.9)	NS	212	93.8%	(89.2 - 96.5)	4,555	90.9%	(89.6 - 92.1)	NS	No
Overweight and Obesity																						
Obese (BMI=30+) ^a																						
2011	1,364	31.9%	(28.1 - 35.9)	24,366	28.4%	(27.6 - 29.2)	NS	552	31.3%	(26.4 - 36.6)	10,102	29.2%	(28.0 - 30.4)	NS	812	32.5%	(27.0 - 38.6)	14,264	27.6%	(26.5 - 28.8)	NS	No
2012	868	25.3%	(21.4 - 29.7)	18,385	28.6%	(27.7 - 29.6)	NS	355	27.4%	(21.1 - 34.6)	7,781	29.2%	(27.9 - 30.6)	NS	513	23.1%	(18.8 - 28.0)	10,604	28.1%	(26.8 - 29.3)	NS	No
2013	796	29.8%	(25.5 - 34.4)	16,250	29.6%	(28.4 - 30.7)	NS	314	34.2%	(27.4 - 41.7)	6,860	30.8%	(29.1 - 32.5)	NS	482	25.0%	(20.5 - 30.2)	9,390	28.4%	(26.9 - 29.9)	NS	No
2014	1,025	33.1%	(29.6 - 36.9)	21,130	30.2%	(29.2 - 31.3)	NS	443	35.5%	(30.1 - 41.2)	9,399	31.7%	(30.2 - 33.2)	NS	582	30.8%	(26.2 - 35.7)	11,731	28.7%	(27.4 - 30.1)	NS	No
2015	737	36.9%	(32.6 - 41.5)	16,265	31.4%	(30.3 - 32.5)	+	322	41.1%	(34.5 - 48.0)	7,323	32.9%	(31.3 - 34.6)	NS	415	32.5%	(27.1 - 38.4)	8,942	29.8%	(28.3 - 31.3)	NS	No
Obese (BMI=30+), among disabled ^a																						
2011	346	37.2%	(30.3 - 44.6)	6,765	39.6%	(37.9 - 41.3)	NS	124	34.9%	(25.1 - 46.2)	2,498	38.2%	(35.5 - 40.9)	NS	222	39.1%	(29.8 - 49.2)	4,267	40.8%	(38.6 - 43.0)	NS	No
2012	204	40.7%	(32.1 - 49.9)	4,729	40.7%	(38.5 - 42.8)	NS	67	39.2%	(25.2 - 55.2)	1,836	38.9%	(35.6 - 42.2)	NS	137	41.9%	(31.9 - 52.6)	2,893	42.3%	(39.6 - 45.1)	NS	No
2013	167	43.8%	(34.6 - 53.5)	4,010	42.7%	(40.1 - 45.3)	NS	70	51.4%	(38.0 - 64.6)	1,630	42.4%	(38.5 - 46.3)	NS	97	36.3%	(25.0 - 49.4)	2,380	43.0%	(39.7 - 46.4)	NS	No
2014	265	47.8%	(40.3 - 55.4)	5,202	40.6%	(38.4 - 42.9)	NS	108	51.5%	(39.8 - 62.9)	2,119	39.4%	(36.1 - 42.9)	NS	157	44.2%	(34.8 - 54.2)	3,083	41.8%	(38.9 - 44.6)	NS	No
2015	162	39.7%	(31.2 - 48.7)	3,995	43.0%	(40.6 - 45.5)	NS	66	45.8%	(32.4 - 59.8)	1,649	43.0%	(39.4 - 46.8)	NS	96	34.1%	(24.3 - 45.6)	2,346	43.0%	(39.9 - 46.3)	NS	No
Overweight or Obese (BMI=25+)																						
2011	1,364	67.6%	(63.6 - 71.4)	24,366	64.9%	(64.0 - 65.8)	NS	552	74.8%	(68.8 - 80.0)	10,102	72.8%	(71.5 - 74.1)	NS	812	60.3%	(54.7 - 65.7)	14,264	56.8%	(55.5 - 58.1)	NS	Yes
2012	868	65.0%	(59.1 - 70.5)	18,385	65.0%	(64.0 - 66.0)	NS	355	73.9%	(64.4 - 81.7)	7,781	72.3%	(70.8 - 73.7)	NS	513	55.6%	(48.2 - 62.7)	10,604	57.6%	(56.2 - 59.0)	NS	Yes
2013	796	68.7%	(63.7 - 73.4)	16,250	65.5%	(64.2 - 66.7)	NS	314	76.5%	(68.4 - 83.1)	6,860	72.2%	(70.4 - 74.0)	NS	482	60.4%	(54.0 - 66.4)	9,390	58.5%	(56.8 - 60.2)	NS	Yes
2014	1,025	73.6%	(69.7 - 77.1)	21,130	66.7%	(65.6 - 67.8)	+	443	80.9%	(75.6 - 85.3)	9,399	73.8%	(72.3 - 75.3)	+	582	66.1%	(60.6 - 71.2)	11,731	59.2%	(57.7 - 60.7)	NS	Yes
2015	737	71.9%	(67.4 - 76.1)	16,265	67.0%	(65.8 - 68.2)	NS	322	82.8%	(76.5 - 87.6)	7,323	73.4%	(71.7 - 75.1)	+	415	60.3%	(54.0 - 66.4)	8,942	60.2%	(58.6 - 61.9)	NS	Yes
Nutrition																						
Consumed sugar-sweetened beverages 1 or more times per day in past 30 days																						
2011	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	
2012	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	
2013	370	33.8%	(27.3 - 40.9)	7,822	28.5%	(26.8 - 30.3)	NS	136	50.7%	(39.7 - 61.5)	3,164	35.8%	(33.1 - 38.5)	+	234	21.1%	(15.0 - 28.7)	4,658	21.7%	(19.7 - 24.0)	NS	Yes
2014	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	
2015	-	-	-	-																		

Indicators	Overall					Men					Women					LHD Gender Diff. ^e	
	Northeast		State of NE			Northeast		State of NE			Northeast		State of NE				
	n ^a	mean or % ^b	95% C.I. ^c (Low - High)	n ^a	mean or % ^b	95% C.I. ^c (Low - High)	Sig ^d	n ^a	mean or % ^b	95% C.I. ^c (Low - High)	Sig ^d	n ^a	mean or % ^b	95% C.I. ^c (Low - High)	Sig ^d		
Currently watching or reducing sodium or salt intake																	
2011	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
2012	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
2013	371	43.6%	(37.5 - 49.9)	7,818	46.3%	(44.6 - 48.1)	NS	138	36.0%	(27.2 - 46.0)	NS	233	49.4%	(41.8 - 57.0)	NS	No	
2014	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
2015	373	46.0%	(39.4 - 52.7)	7,892	46.8%	(45.0 - 48.5)	NS	163	48.6%	(38.7 - 58.7)	NS	210	43.0%	(35.0 - 51.3)	NS	No	
Median times per day consumed fruits																	
2011	1,338	1.02	(0.99 - 1.14)	24,090	1.02	(1.02 - 1.04)	NS	530	0.97	(0.86 - 1.04)	NS	808	1.13	(1.02 - 1.28)	NS	No	
2012	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
2013	790	0.97	(0.94 - 1.00)	15,949	1.00	(1.00 - 1.00)	NS	294	0.82	(0.60 - 0.95)	-	496	1.14	(0.99 - 1.39)	NS	Yes	
2014	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
2015	732	0.98	(0.96 - 1.00)	16,135	1.00	(1.00 - 1.00)	NS	304	0.82	(0.59 - 0.98)	-	428	1.06	(0.97 - 1.28)	NS	No	
Consumed fruits less than 1 time per day																	
2011	1,338	40.4%	(36.4 - 44.5)	24,090	40.1%	(39.2 - 41.1)	NS	530	46.0%	(40.1 - 51.9)	NS	808	35.0%	(29.7 - 40.7)	NS	No	
2012	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
2013	790	42.2%	(37.2 - 47.5)	15,949	39.7%	(38.5 - 41.0)	NS	294	52.8%	(44.9 - 60.4)	NS	496	32.1%	(26.5 - 38.3)	NS	Yes	
2014	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
2015	732	44.4%	(39.7 - 49.1)	16,135	41.1%	(39.9 - 42.4)	NS	304	52.9%	(45.7 - 60.0)	NS	428	36.2%	(30.2 - 42.6)	NS	Yes	
Median times per day consumed vegetables																	
2011	1,313	1.37	(1.29 - 1.46)	23,785	1.46	(1.44 - 1.50)	NS	510	1.26	(1.15 - 1.41)	NS	803	1.43	(1.38 - 1.58)	NS	No	
2012	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
2013	783	1.49	(1.41 - 1.61)	15,700	1.57	(1.55 - 1.58)	NS	292	1.41	(1.26 - 1.58)	NS	491	1.57	(1.45 - 1.77)	NS	No	
2014	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
2015	715	1.35	(1.29 - 1.43)	15,850	1.53	(1.50 - 1.58)	-	294	1.28	(1.18 - 1.37)	-	421	1.44	(1.34 - 1.70)	NS	No	
Consumed vegetables less than 1 time per day																	
2011	1,313	28.7%	(25.0 - 32.7)	23,785	26.2%	(25.4 - 27.1)	NS	510	31.2%	(26.0 - 37.0)	NS	803	26.3%	(21.4 - 32.0)	NS	No	
2012	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
2013	783	26.6%	(21.9 - 31.8)	15,700	23.3%	(22.2 - 24.4)	NS	292	30.9%	(23.3 - 39.7)	NS	491	22.5%	(17.7 - 28.1)	NS	No	
2014	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
2015	715	27.0%	(22.9 - 31.5)	15,850	24.7%	(23.7 - 25.9)	NS	294	30.1%	(24.0 - 37.0)	NS	421	24.0%	(18.8 - 30.1)	NS	No	
Physical Activity																	
No leisure-time physical activity in past 30 days^a																	
2011	1,356	32.1%	(28.3 - 36.2)	24,433	26.3%	(25.5 - 27.1)	+	531	35.0%	(29.6 - 40.9)	+	825	29.3%	(24.0 - 35.2)	NS	No	
2012	895	23.7%	(19.2 - 29.0)	19,153	21.0%	(20.2 - 21.9)	NS	356	23.8%	(17.0 - 32.4)	NS	539	23.6%	(18.2 - 30.1)	NS	No	
2013	805	31.3%	(26.9 - 36.0)	16,158	25.3%	(24.2 - 26.4)	+	301	37.7%	(30.4 - 45.6)	+	504	25.1%	(20.5 - 30.3)	NS	Yes	
2014	1,078	26.3%	(23.1 - 29.8)	22,397	21.3%	(20.4 - 22.1)	+	453	27.2%	(22.4 - 32.5)	+	625	25.5%	(21.4 - 30.2)	NS	No	
2015	739	32.7%	(28.4 - 37.4)	16,319	25.3%	(24.3 - 26.4)	+	307	37.3%	(30.6 - 44.6)	+	432	28.3%	(22.9 - 34.4)	NS	No	
Met aerobic physical activity recommendation^a																	
2011	1,311	45.0%	(40.8 - 49.2)	23,735	49.0%	(48.0 - 49.9)	NS	511	41.4%	(35.5 - 47.6)	NS	800	48.3%	(42.6 - 54.0)	NS	No	
2012	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
2013	788	42.2%	(37.4 - 47.2)	15,730	50.1%	(48.8 - 51.4)	-	296	34.7%	(27.9 - 42.2)	-	492	49.5%	(43.4 - 55.7)	NS	Yes	
2014	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
2015	719	45.2%	(40.5 - 49.9)	15,878	51.3%	(50.0 - 52.5)	-	302	38.5%	(31.7 - 45.8)	-	417	51.7%	(45.4 - 57.9)	NS	No	
Met muscle strengthening recommendation^a																	
2011	1,347	20.3%	(17.2 - 23.8)	24,204	28.1%	(27.3 - 29.0)	-	525	22.3%	(17.6 - 27.8)	-	822	18.4%	(14.6 - 22.9)	-	No	
2012	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
2013	800	24.0%	(19.7 - 28.7)	16,021	28.4%	(27.2 - 29.6)	NS	298	21.1%	(15.1 - 28.7)	-	502	26.7%	(21.3 - 33.0)	NS	No	
2014	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
2015	728	24.8%	(20.9 - 29.2)	16,117	31.2%	(30.1 - 32.5)	-	299	21.0%	(15.9 - 27.3)	-	429	28.4%	(22.9 - 34.5)	NS	No	
Met both aerobic physical activity and muscle strengthening recommendations^a																	
2011	1,308	13.5%	(10.8 - 16.7)	23,567	19.0%	(18.2 - 19.8)	-	510	13.7%	(9.9 - 18.8)	NS	798	13.2%	(9.9 - 17.5)	NS	No	
2012	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
2013	784	16.4%	(12.7 - 20.9)	15,635	18.8%	(17.8 - 19.9)	NS	293	12.2%	(7.5 - 19.2)	NS	491	20.4%	(15.3 - 26.7)	NS	No	
2014	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
2015	708	16.6%	(13.4 - 20.4)	15,724	21.8%	(20.7 - 22.9)	-	294	11.3%	(7.8 - 16.0)	-	414	21.7%	(16.8 - 27.6)	NS	Yes	

Indicators	Overall					Men					Women					LHD Gender Diff. ^e						
	Northeast		State of NE			Northeast		State of NE			Northeast		State of NE									
	n ^a	mean or % ^b	95% C.I. ^c (Low - High)	n ^a	mean or % ^b	95% C.I. ^c (Low - High)	Sig ^d	n ^a	mean or % ^b	95% C.I. ^c (Low - High)	Sig ^d	n ^a	mean or % ^b	95% C.I. ^c (Low - High)	Sig ^d							
<u>Walk for at least 10 minutes at a time for any reason during a usual week</u>																						
2011	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-						
2012	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-						
2013	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-						
2014	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-						
2015	374	81.4%	(76.4 - 85.6)	7,895	84.6%	(83.3 - 85.8)	NS	164	82.5%	(74.9 - 88.1)	3,442	84.2%	(82.2 - 86.0)	NS	210	80.2%	(73.1 - 85.8)	4,453	85.1%	(83.4 - 86.6)	NS	No
<u>Have access to safe places to walk in their neighborhood</u>																						
2011	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-						
2012	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-						
2013	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-						
2014	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-						
2015	374	76.8%	(71.1 - 81.7)	7,893	88.4%	(87.2 - 89.4)	-	164	76.7%	(68.2 - 83.5)	3,439	88.8%	(87.2 - 90.3)	-	210	77.0%	(68.8 - 83.5)	4,454	87.9%	(86.3 - 89.3)	-	No
Injury																						
<u>Always wear a seatbelt when driving or riding in a car[^]</u>																						
2011	1,347	60.4%	(56.0 - 64.5)	24,208	71.3%	(70.5 - 72.1)	-	525	49.8%	(43.8 - 55.9)	9,683	63.7%	(62.4 - 65.0)	-	822	70.2%	(63.9 - 75.9)	14,525	78.6%	(77.5 - 79.5)	-	Yes
2012	884	61.0%	(55.4 - 66.3)	18,851	69.7%	(68.7 - 70.6)	-	350	52.9%	(44.7 - 61.0)	7,731	61.7%	(60.2 - 63.2)	NS	534	68.8%	(61.0 - 75.6)	11,120	77.3%	(76.1 - 78.4)	-	No
2013	802	61.7%	(56.6 - 66.6)	16,053	74.1%	(73.0 - 75.2)	-	300	49.9%	(42.1 - 57.8)	6,520	67.0%	(65.3 - 68.7)	-	502	73.0%	(66.9 - 78.4)	9,533	80.8%	(79.5 - 82.1)	-	Yes
2014	1,044	57.9%	(53.8 - 61.9)	21,599	72.4%	(71.5 - 73.3)	-	440	46.3%	(40.5 - 52.3)	9,241	64.7%	(63.2 - 66.2)	-	604	69.4%	(64.2 - 74.1)	12,358	79.8%	(78.7 - 80.9)	-	Yes
2015	732	66.4%	(61.6 - 70.8)	16,136	75.4%	(74.4 - 76.4)	-	302	55.4%	(48.1 - 62.6)	6,900	68.2%	(66.5 - 69.9)	-	430	76.9%	(70.7 - 82.1)	9,236	82.3%	(81.1 - 83.4)	NS	Yes
<u>Texted while driving in past 30 days</u>																						
2011	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-						
2012	572	26.1%	(19.9 - 33.4)	11,451	26.8%	(25.6 - 27.9)	NS	224	25.8%	(16.8 - 37.3)	4,757	29.2%	(27.5 - 31.0)	NS	348	26.4%	(18.5 - 36.1)	6,694	24.4%	(22.8 - 26.0)	NS	No
2013	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-						
2014	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-						
2015	333	25.5%	(19.3 - 32.9)	7,620	24.9%	(23.3 - 26.6)	NS	127	30.0%	(20.9 - 40.9)	3,209	27.6%	(25.0 - 30.3)	NS	206	22.3%	(14.3 - 33.1)	4,411	22.3%	(20.3 - 24.4)	NS	No
<u>Talked on a cell phone while driving in past 30 days</u>																						
2011	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-						
2012	571	65.7%	(60.2 - 70.8)	11,424	69.1%	(68.0 - 70.2)	NS	225	72.1%	(64.5 - 78.7)	4,742	71.5%	(69.9 - 73.2)	NS	346	59.6%	(51.8 - 66.9)	6,682	66.7%	(65.2 - 68.2)	NS	No
2013	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-						
2014	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-						
2015	334	62.6%	(55.9 - 69.0)	7,604	67.0%	(65.3 - 68.6)	NS	128	69.3%	(59.2 - 77.9)	3,203	71.0%	(68.5 - 73.3)	NS	206	57.7%	(48.5 - 66.5)	4,401	63.1%	(60.8 - 65.2)	NS	No
<u>Had a fall in past year, aged 45 years and older</u>																						
2011	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-						
2012	691	25.8%	(21.6 - 30.5)	13,738	28.8%	(27.7 - 29.9)	NS	263	30.3%	(23.1 - 38.5)	5,384	26.9%	(25.3 - 28.5)	NS	428	21.6%	(17.5 - 26.4)	8,354	30.5%	(29.1 - 31.9)	-	No
2013	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-						
2014	780	27.2%	(23.6 - 31.1)	15,671	26.1%	(25.1 - 27.1)	NS	327	26.0%	(20.5 - 32.3)	6,513	24.5%	(23.0 - 26.1)	NS	453	28.3%	(23.9 - 33.3)	9,158	27.6%	(26.2 - 29.0)	NS	No
2015	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-						
<u>Injured due to a fall in past year, aged 45 years and older</u>																						
2011	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-						
2012	691	9.4%	(6.5 - 13.5)	13,719	9.9%	(9.2 - 10.6)	NS	263	12.0%	(6.8 - 20.3)	5,377	7.7%	(6.7 - 8.7)	NS	428	7.0%	(4.9 - 9.8)	8,342	11.8%	(10.9 - 12.9)	-	No
2013	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-						
2014	779	9.8%	(7.4 - 12.8)	15,647	8.8%	(8.2 - 9.5)	NS	326	9.8%	(6.1 - 15.4)	6,502	6.8%	(6.0 - 7.7)	NS	453	9.7%	(7.2 - 13.1)	9,145	10.6%	(9.7 - 11.6)	NS	No
2015	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-						
Mental Health																						
<u>Ever told they have depression</u>																						
2011	1,414	9.7%	(7.9 - 12.0)	25,333	16.8%	(16.2 - 17.5)	-	559	6.3%	(4.5 - 8.9)	10,198	11.5%	(10.7 - 12.4)	-	855	13.0%	(9.9 - 16.7)	15,135	22.0%	(21.0 - 23.0)	-	Yes
2012	895	10.8%	(7.9 - 14.5)	19,115	16.7%	(16.0 - 17.5)	-	356	8.9%	(4.9 - 15.7)	7,853	12.4%	(11.4 - 13.5)	NS	539	12.6%	(9.0 - 17.3)	11,262	20.9%	(19.8 - 22.1)	-	No
2013	852	13.4%	(10.5 - 16.9)	17,065	18.2%	(17.3 - 19.2)	-	320	10.0%	(6.4 - 15.4)	6,940	12.9%	(11.6 - 14.2)	NS	532	16.7%	(12.7 - 21.8)	10,125	23.4%	(22.0 - 24.8)	-	No
2014	1,074	13.9%	(11.4 - 16.9)	22,346	17.7%	(16.9 - 18.6)	NS	451	11.7%	(8.2 - 16.6)	9,582	13.0%	(11.8 - 14.2)	NS	623	16.1%	(12.8 - 20.0)	12,764	22.3%	(21.1 - 23.5)	-	No
2015	791	12.0%	(9.6 - 14.9)	17,485	17.5%	(16.7 - 18.5)	-	332	10.5%	(7.3 - 14.9)	7,534	12.4%	(11.3 - 13.7)	NS	459	13.5%	(10.3 - 17.6)	9,951	22.5%	(21.2 - 23.8)	-	No
<u>Frequent Mental Distress in past 30 days</u>																						
2011	1,396	7.2%	(5.4 - 9.6)	25,036	9.2%	(8.7 - 9.7)	NS	555	5.5%	(3.4 - 8.7)	10,097	7.7%	(7.0 - 8.4)	NS	841	8.9%	(6.2 - 12.7)	14,939	10.7%	(9.9 - 11.5)	NS	No
2012	887	5.4%	(3.7 - 7.8)	18,935	9.0%	(8.4 - 9.7)	-	352	2.6%	(1.3 - 5.0)	7,786	7.4%	(6.6 - 8.3)	-	535	8.1%	(5.2 - 12.4)	11,149	10.6%	(9.7 - 11.5)	NS	Yes
2013	845	5.4%	(3.7 - 7.9)	16,889	8.9%	(8.2 - 9.6)	-	316	3.1%	(1.6 - 5.7)	6,889	6.8%	(5.9 - 7.9)	-	529	7.7%	(4.9 - 12.1)	10,000	10.9%	(9.8 - 12.0)	NS	No
2014	1,067	8.0%	(6.1 - 10.5)	22,132	8.2%	(7.6 - 8.8)	NS	444	6.0%	(3.5 - 10.2)	9,483	6.4%	(5.6 - 7.3)	NS	623	9.9%	(7.3 - 13.4)	12,649	9.9%	(9.0 - 10.8)	NS	No
2015	784	5.1%	(3.6 - 7.3)	17,369	8.9%	(8.2 - 9.6)	-	329	3.5%	(1.8 - 6.5)	7,491	6.9%	(6.0 - 7.9)	NS	455	6.7%	(4.4 - 10.2)	9,878	10.8%	(9.8 - 11.9)	NS	No

Indicators	Overall					Men					Women					LHD Gender Diff. ^e						
	Northeast			State of NE		Northeast			State of NE		Northeast			State of NE								
	n ^a	mean or % ^b	95% C.I. ^c (Low - High)	n ^a	mean or % ^b	95% C.I. ^c (Low - High)	Sig ^d	n ^a	mean or % ^b	95% C.I. ^c (Low - High)	Sig ^d	n ^a	mean or % ^b	95% C.I. ^c (Low - High)	Sig ^d							
Currently taking medication or receiving treatment for a mental health condition																						
2011	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-					
2012	276	8.7%	(4.5 - 16.0)	6,643	11.0%	(10.0 - 12.1)	NS	111	6.2%	(1.5 - 22.7)	2,693	7.4%	(6.2 - 8.9)	NS	165	11.2%	(5.9 - 20.1)	3,950	14.5%	(12.9 - 16.2)	NS	No
2013	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-					
2014	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-					
2015	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-					
Symptoms of serious mental illness in past 30 days																						
2011	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-					
2012	272	3.2%	(0.7 - 13.8)	6,555	3.2%	(2.6 - 3.9)	NS	109	5.0%	(0.7 - 27.7)	2,657	2.5%	(1.8 - 3.7)	NS	163	1.4%	(0.5 - 4.0)	3,898	3.8%	(2.9 - 4.9)	NS	No
2013	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-					
2014	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-					
2015	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-					
Alcohol and Drug Use																						
Any alcohol consumption in past 30 days																						
2011	1,338	60.7%	(56.6 - 64.7)	24,051	61.8%	(60.9 - 62.7)	NS	520	68.9%	(63.1 - 74.2)	9,597	67.7%	(66.4 - 69.1)	NS	818	53.2%	(47.4 - 58.8)	14,454	56.2%	(55.0 - 57.4)	NS	Yes
2012	888	61.9%	(56.6 - 66.9)	18,891	61.3%	(60.3 - 62.3)	NS	353	70.8%	(63.8 - 76.9)	7,749	68.7%	(67.2 - 70.1)	NS	535	53.1%	(45.8 - 60.3)	11,142	54.2%	(52.8 - 55.6)	NS	Yes
2013	825	58.9%	(54.1 - 63.6)	16,614	57.5%	(56.2 - 58.7)	NS	307	69.3%	(61.6 - 76.0)	6,754	63.3%	(61.4 - 65.2)	NS	518	49.0%	(43.1 - 55.0)	9,860	51.8%	(50.2 - 53.5)	NS	Yes
2014	1,041	59.5%	(55.5 - 63.4)	21,612	59.2%	(58.1 - 60.3)	NS	438	66.7%	(60.6 - 72.3)	9,246	65.2%	(63.6 - 66.8)	NS	603	52.4%	(47.1 - 57.7)	12,366	53.4%	(52.0 - 54.9)	NS	Yes
2015	766	56.8%	(52.2 - 61.4)	16,939	57.6%	(56.4 - 58.8)	NS	319	63.5%	(56.5 - 69.9)	7,282	63.8%	(62.0 - 65.5)	NS	447	50.3%	(44.3 - 56.3)	9,657	51.6%	(50.0 - 53.2)	NS	Yes
Binge drank in past 30 days^a																						
2011	1,333	27.6%	(23.7 - 31.8)	23,948	22.7%	(21.9 - 23.5)	+	517	34.7%	(28.9 - 41.0)	9,533	30.2%	(28.9 - 31.5)	NS	816	21.1%	(16.3 - 26.8)	14,415	15.7%	(14.7 - 16.7)	NS	Yes
2012	883	28.2%	(22.8 - 34.2)	18,742	22.1%	(21.3 - 23.0)	NS	352	35.7%	(27.4 - 45.0)	7,664	29.1%	(27.6 - 30.5)	NS	531	20.7%	(14.8 - 28.0)	11,078	15.5%	(14.5 - 16.6)	NS	No
2013	819	23.4%	(19.3 - 28.0)	16,500	20.0%	(19.0 - 21.1)	NS	304	32.8%	(26.0 - 40.4)	6,687	25.2%	(23.6 - 26.9)	NS	515	14.4%	(10.3 - 19.8)	9,813	15.0%	(13.8 - 16.4)	NS	Yes
2014	1,033	24.8%	(21.1 - 28.9)	21,443	20.3%	(19.4 - 21.3)	NS	433	32.8%	(27.1 - 39.0)	9,149	26.8%	(25.3 - 28.3)	NS	600	17.0%	(12.7 - 22.3)	12,294	14.1%	(13.0 - 15.3)	NS	Yes
2015	761	22.7%	(18.8 - 27.1)	16,832	19.5%	(18.5 - 20.5)	NS	317	32.5%	(26.0 - 39.8)	7,216	26.0%	(24.4 - 27.8)	NS	444	13.0%	(9.3 - 17.9)	9,616	13.1%	(12.0 - 14.3)	NS	Yes
Heavy drinking in past 30 days																						
2011	1,330	6.7%	(4.7 - 9.4)	23,906	7.5%	(7.0 - 8.1)	NS	515	7.7%	(4.8 - 12.2)	9,514	9.2%	(8.4 - 10.2)	NS	815	5.7%	(3.4 - 9.6)	14,392	5.9%	(5.2 - 6.6)	NS	No
2012	880	5.6%	(3.4 - 9.0)	18,738	7.2%	(6.6 - 7.7)	NS	351	6.5%	(3.4 - 11.8)	7,668	8.5%	(7.7 - 9.4)	NS	529	4.7%	(2.1 - 10.1)	11,070	5.9%	(5.3 - 6.6)	NS	No
2013	820	7.4%	(4.9 - 11.0)	16,513	6.8%	(6.2 - 7.5)	NS	305	10.7%	(6.5 - 17.0)	6,698	7.3%	(6.4 - 8.3)	NS	515	4.2%	(2.0 - 8.8)	9,815	6.3%	(5.5 - 7.2)	NS	No
2014	1,031	8.0%	(5.9 - 10.8)	21,447	6.4%	(5.9 - 7.0)	NS	435	10.3%	(7.0 - 14.9)	9,158	7.5%	(6.7 - 8.5)	NS	596	5.8%	(3.5 - 9.3)	12,289	5.3%	(4.7 - 6.1)	NS	No
2015	757	7.3%	(4.8 - 11.0)	16,815	5.7%	(5.1 - 6.4)	NS	317	11.5%	(7.0 - 18.5)	7,214	7.0%	(6.0 - 8.1)	NS	440	3.1%	(1.7 - 5.7)	9,601	4.6%	(3.9 - 5.3)	NS	Yes
Alcohol impaired driving in past 30 days																						
2011	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-					
2012	889	5.7%	(3.0 - 10.6)	18,895	3.4%	(3.1 - 3.8)	NS	350	9.6%	(4.5 - 19.3)	7,741	5.5%	(4.9 - 6.3)	NS	539	1.9%	(0.9 - 4.0)	11,154	1.4%	(1.1 - 1.8)	NS	Yes
2013	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-					
2014	1,045	3.6%	(2.4 - 5.4)	21,627	2.5%	(2.2 - 2.9)	NS	440	5.7%	(3.5 - 9.1)	9,242	4.2%	(3.5 - 4.9)	NS	605	1.6%	(0.8 - 3.2)	12,385	1.0%	(0.7 - 1.3)	NS	Yes
2015	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-					
Took pain medication prescribed by doctor in past year																						
2011	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-					
2012	587	29.2%	(24.1 - 34.8)	11,767	30.2%	(29.1 - 31.4)	NS	226	24.9%	(18.0 - 33.4)	4,835	27.3%	(25.7 - 29.0)	NS	361	33.0%	(26.1 - 40.8)	6,932	33.0%	(31.5 - 34.6)	NS	No
2013	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-					
2014	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-					
2015	343	32.6%	(26.4 - 39.6)	7,858	33.5%	(31.9 - 35.1)	NS	130	33.2%	(24.3 - 43.4)	3,283	28.9%	(26.6 - 31.4)	NS	213	32.2%	(24.0 - 41.8)	4,575	37.9%	(35.8 - 40.1)	NS	No
Had leftover pain meds after last filled script, among those who took pain meds in past year																						
2011	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-					
2012	199	38.6%	(28.7 - 49.6)	3,848	49.2%	(46.9 - 51.4)	NS	67	25.4%	(14.7 - 40.2)	1,423	43.9%	(40.4 - 47.4)	-	132	47.9%	(34.5 - 61.6)	2,425	53.4%	(50.5 - 56.3)	NS	No
2013	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-					
2014	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-					
2015	110	41.9%	(30.4 - 54.4)	2,684	45.7%	(42.8 - 48.7)	NS	44	-*	-* - *	995	42.6%	(37.9 - 47.4)	NA	66	36.5%	(22.6 - 53.0)	1,689	48.0%	(44.4 - 51.7)	NS	NA
Immunization and Infectious Disease																						
Had a flu vaccination in past year, aged 18 years and older																						
2011	1,343	39.1%	(35.2 - 43.1)	24,156	41.1%	(40.2 - 42.0)	NS	526	32.8%	(27.6 - 38.4)	9,663	35.1%	(33.8 - 36.5)	NS	817	45.1%	(39.5 - 50.8)	14,493	46.8%	(45.6 - 48.1)	NS	Yes
2012	885	38.4%	(33.5 - 43.6)	18,903	42.2%	(41.2 - 43.2)	NS	351	34.3%	(27.2 - 42.2)	7,754	36.8%	(35.4 - 38.2)	NS	534	42.4%	(35.8 - 49.3)	11,149	47.5%	(46.1 - 48.8)	NS	No
2013	799	45.1%	(40.3 - 50.0)	16,022	45.2%	(43.9 - 46.4)	NS	301	37.9%	(30.9 - 45.4)	6,506	41.2%	(39.4 - 43.1)	NS	498	52.1%	(45.9 - 58.1)	9,516	48.9%	(47.2 - 50.6)	NS	Yes
2014	1,042	38.2%	(34.5 - 42.0)	21,638	43.9%	(42.9 - 45.0)	-	440	34.0%	(28.8 - 39.7)	9,262	38.8%	(37.3 - 40.4)	NS	602	42.3%	(37.3 - 47.5)	12,376	48.9%	(47.4 - 50.3)	NS	No
2015	728	44.5%	(39.9 - 49.1)	16,091	47.2%	(46.0 - 48.4)	NS	299	37.2%	(30.4 - 44.5)	6,883	40.8%	(39.0 - 42.6)	NS	429	51.3%	(45.1 - 57.5)	9,208	53.4%	(51.7 - 55.0)	NS	Yes

Indicators	Overall						Men						Women						LHD Gender Diff. ^e			
	Northeast			State of NE			Northeast			State of NE			Northeast			State of NE						
	n ^a	mean or % ^b	95% C.I. ^c (Low - High)	n ^a	mean or % ^b	95% C.I. ^c (Low - High)	Sig ^d	n ^a	mean or % ^b	95% C.I. ^c (Low - High)	n ^a	mean or % ^b	95% C.I. ^c (Low - High)	Sig ^d	n ^a	mean or % ^b	95% C.I. ^c (Low - High)	n ^a		mean or % ^b	95% C.I. ^c (Low - High)	Sig ^d
Had all permanent teeth extracted due to tooth decay or gum disease, 65-74 year olds^a																						
2011	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	
2012	146	12.0%	(7.3 - 19.0)	3,149	11.3%	(9.9 - 12.8)	NS	56	4.9%	(2.1 - 10.7)	1,268	9.3%	(7.5 - 11.4)	NS	90	18.5%	(10.8 - 30.0)	1,881	13.1%	(11.1 - 15.3)	NS	Yes
2013	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	
2014	185	14.2%	(9.5 - 20.6)	4,089	10.9%	(9.6 - 12.3)	NS	92	11.6%	(6.1 - 20.9)	1,804	12.0%	(9.9 - 14.4)	NS	93	17.5%	(10.5 - 27.6)	2,285	9.8%	(8.3 - 11.7)	NS	No
2015	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	
Social Context																						
Housing insecurity in past year, among those who own or rent their home^a																						
2011	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	
2012	253	26.9%	(17.7 - 38.6)	6,089	26.6%	(25.0 - 28.3)	NS	103	20.7%	(10.3 - 37.2)	2,481	24.7%	(22.3 - 27.3)	NS	150	33.4%	(19.9 - 50.3)	3,608	28.5%	(26.3 - 30.8)	NS	No
2013	347	24.9%	(19.2 - 31.5)	7,324	28.8%	(27.1 - 30.5)	NS	128	24.6%	(15.5 - 36.9)	2,961	25.0%	(22.5 - 27.7)	NS	219	25.0%	(18.7 - 32.7)	4,363	32.3%	(30.0 - 34.7)	NS	No
2014	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	
2015	319	30.2%	(23.9 - 37.2)	7,461	28.5%	(26.8 - 30.2)	NS	120	31.8%	(22.7 - 42.6)	3,109	26.6%	(24.2 - 29.2)	NS	199	29.0%	(20.3 - 39.5)	4,352	30.3%	(28.1 - 32.5)	NS	No
Food insecurity in past year^a																						
2011	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	
2012	274	15.5%	(8.2 - 27.5)	6,621	17.6%	(16.2 - 19.0)	NS	111	8.0%	(2.2 - 25.0)	2,684	13.9%	(12.1 - 16.0)	NS	163	23.3%	(11.4 - 41.7)	3,937	21.1%	(19.1 - 23.2)	NS	No
2013	371	17.4%	(12.4 - 23.9)	7,828	19.0%	(17.6 - 20.6)	NS	137	12.2%	(5.5 - 25.3)	3,159	15.4%	(13.4 - 17.7)	NS	234	21.4%	(15.2 - 29.2)	4,669	22.5%	(20.5 - 24.6)	NS	No
2014	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	
2015	344	26.1%	(20.1 - 33.2)	7,918	21.0%	(19.5 - 22.5)	NS	131	23.2%	(15.2 - 33.7)	3,309	17.9%	(15.8 - 20.2)	NS	213	28.3%	(19.9 - 38.4)	4,609	24.0%	(22.1 - 26.1)	NS	No
Caregiving																						
Provided regular care/assistance in past month to friend or family member with health issue																						
2011	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	
2012	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	
2013	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	
2014	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	
2015	373	29.7%	(23.2 - 37.0)	7,883	24.7%	(23.2 - 26.2)	NS	164	32.9%	(23.0 - 44.6)	3,434	21.1%	(19.1 - 23.4)	NS	209	25.9%	(19.2 - 33.9)	4,449	28.0%	(25.9 - 30.2)	NS	No
Cognitive Decline																						
Experienced more or worsening confusion or memory loss in past year, aged 45 years and older																						
2011	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	
2012	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	
2013	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	
2014	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	
2015	272	10.3%	(6.5 - 15.9)	5,767	9.4%	(8.4 - 10.5)	NS	120	12.3%	(6.6 - 21.8)	2,436	10.2%	(8.7 - 12.0)	NS	152	8.3%	(4.2 - 15.6)	3,331	8.6%	(7.3 - 10.2)	NS	No
Inadequate Sleep																						
Get less than 7 hours of sleep per day																						
2011	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	
2012	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	
2013	848	31.6%	(27.1 - 36.4)	16,972	31.8%	(30.6 - 33.0)	NS	321	30.2%	(23.5 - 37.9)	6,927	32.6%	(30.8 - 34.4)	NS	527	32.9%	(27.3 - 39.0)	10,045	31.0%	(29.5 - 32.6)	NS	No
2014	1,065	29.2%	(25.7 - 33.0)	22,172	30.0%	(29.0 - 31.0)	NS	449	31.3%	(26.0 - 37.2)	9,527	30.7%	(29.2 - 32.2)	NS	616	27.1%	(22.8 - 31.9)	12,645	29.4%	(28.1 - 30.7)	NS	No
2015	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	
Average hours of sleep per day																						
2011	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	
2012	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	
2013	848	7.1	(6.9 - 7.2)	16,972	7.1	(7.0 - 7.1)	NS	321	7.1	(6.9 - 7.3)	6,927	7.0	(7.0 - 7.1)	NS	527	7.1	(6.9 - 7.2)	10,045	7.1	(7.0 - 7.1)	NS	No
2014	1,065	7.1	(7.0 - 7.2)	22,172	7.1	(7.0 - 7.1)	NS	449	7.1	(6.9 - 7.2)	9,527	7.0	(7.0 - 7.1)	NS	616	7.2	(7.1 - 7.4)	12,645	7.1	(7.1 - 7.1)	NS	No
2015	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	
Occupational Safety and Health																						
Work-related injury or illness in past year, among employed or recently out of work																						
2011	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	
2012	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	
2013	279	7.7%	(4.6 - 12.7)	4,952	4.8%	(3.9 - 5.8)	NS	121	9.4%	(5.0 - 17.1)	2,246	6.1%	(4.8 - 7.7)	NS	158	6.2%	(2.6 - 14.0)	2,706	3.3%	(2.2 - 4.9)	NS	No
2014	329	7.7%	(3.9 - 14.7)	6,966	4.9%	(4.1 - 5.9)	NS	163	7.7%	(3.2 - 17.1)	3,403	5.4%	(4.4 - 6.7)	NS	166	7.8%	(2.5 - 21.8)	3,563	4.3%	(3.1 - 6.0)	NS	No
2015	240	4.9%	(2.5 - 9.4)	5,434	5.7%	(4.7 - 6.8)	NS	141	6.9%	(3.4 - 13.7)	2,727	7.1%	(5.6 - 9.0)	NS	99	1.1%	(0.3 - 4.7)	2,707	3.9%	(2.9 - 5.3)	NS	No

Indicators	Overall						Men						Women						LHD Gender Diff. ^e			
	Northeast			State of NE			Northeast			State of NE			Northeast			State of NE						
	n ^a	mean or % ^b	95% C.I. ^c (Low - High)	n ^a	mean or % ^b	95% C.I. ^c (Low - High)	Sig ^d	n ^a	mean or % ^b	95% C.I. ^c (Low - High)	n ^a	mean or % ^b	95% C.I. ^c (Low - High)	Sig ^d	n ^a	mean or % ^b	95% C.I. ^c (Low - High)	n ^a		mean or % ^b	95% C.I. ^c (Low - High)	Sig ^d
Health Literacy																						
<u>Lacking confidence in their ability to fill out health forms</u>																						
2011	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
2012	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
2013	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
2014	1,005	44.1%	(39.9 - 48.2)	20,778	34.3%	(33.3 - 35.4)	+	419	50.1%	(43.9 - 56.2)	8,826	41.2%	(39.6 - 42.9)	+	586	38.2%	(32.9 - 43.8)	11,952	27.8%	(26.4 - 29.1)	+	Yes
2015	704	44.2%	(39.3 - 49.2)	15,462	36.5%	(35.3 - 37.8)	+	288	50.0%	(42.6 - 57.4)	6,585	43.2%	(41.3 - 45.1)	NS	416	38.7%	(32.7 - 45.1)	8,877	30.2%	(28.7 - 31.8)	+	No
<u>Written health information is always or nearly always easy to understand</u>																						
2011	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
2012	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
2013	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
2014	1,011	67.8%	(63.8 - 71.5)	20,755	73.4%	(72.4 - 74.4)	-	421	61.5%	(55.3 - 67.4)	8,796	68.7%	(67.2 - 70.3)	NS	590	73.8%	(68.9 - 78.2)	11,959	77.9%	(76.7 - 79.1)	NS	Yes
2015	700	73.1%	(68.6 - 77.2)	15,445	73.1%	(71.9 - 74.2)	NS	284	68.6%	(61.3 - 75.2)	6,561	69.7%	(67.9 - 71.4)	NS	416	77.3%	(71.9 - 81.9)	8,884	76.3%	(74.8 - 77.7)	NS	No
<u>Always or nearly always get help reading health information</u>																						
2011	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
2012	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
2013	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
2014	1,023	11.5%	(8.9 - 14.7)	21,042	11.5%	(10.8 - 12.2)	NS	430	14.2%	(10.0 - 19.6)	8,953	13.3%	(12.2 - 14.4)	NS	593	8.9%	(6.2 - 12.6)	12,089	9.8%	(8.9 - 10.8)	NS	No
2015	715	13.2%	(9.9 - 17.3)	15,675	10.6%	(9.9 - 11.4)	NS	292	15.8%	(10.5 - 23.0)	6,686	11.9%	(10.8 - 13.2)	NS	423	10.7%	(7.2 - 15.6)	8,989	9.4%	(8.5 - 10.4)	NS	No

Note: Data reflect the four county LHD region of Cedar, Dixon, Thurston, and Wayne Counties

Note: Data reflect both landline and cell phone responses

Note: This table is not intended to be inclusive of all BRFSS indicators; some were excluded due to small numbers at the LHD level

Note: This table excludes 2011 BRFSS optional module and state added questions data due to the data being landline only

Note: The results in this table may be slightly different than results in previously published reports and tables due differences in the software used and/or how the statistical analysis code was written; these results were analyzed using SAS and SAS-callable SUDAAN software

^a Non-weighted sample size among adults 18 and older (unless different age group noted)

^b Weighted mean, median, or percentage (percentages are followed by the % symbol) among adults 18 and older (unless different age group noted)

^c Low and High are the lower and upper limits of the 95% confidence interval, respectively

^d Symbols represent: "+" = LHD value significantly higher than the state value; "-" = LHD value significantly lower than the state value; "NS" = LHD value not statistically different than the state value; significant differences based on 95% confidence interval overlap

^e Indicates whether there is a significant difference by gender within the LHD region, based on non-overlapping 95% confidence intervals; note that small sample sizes for males and females can make interpreting significance difficult due to large confidence intervals

^f Reflects a Nebraska Healthy People 2020 (HP2020) measure

* Data suppressed due to a small number of respondents (i.e., fewer than 50)

Source: Nebraska Behavioral Risk Factor Surveillance System (BRFSS), October 2016

