



# Northeast Nebraska Public Health Department

Promoting physical and mental health and preventing disease, injury and disability in Cedar, Dixon, Thurston and Wayne Counties

## Grief Support Groups

Organization	Address	Phone	When	Fee	Who
Providence Medical Center	1200 Providence Rd., Wayne, NE	402-375-4288	Tuesdays 6p.m.-8p.m.	free	
Compassionate Friends	New Cassel Retirement Ctr. Aud. Lvl. 2 900 N. 90th St., Omaha, NE	402-571-4011	1st Thursday of month 7:00 p.m	NONE	For parents who have experienced the loss of a child of any age.
One World Community Health Center/ Spanish	Conf Room, 4920 S. 30th St., Omaha, NE <a href="http://www.tcfomaha.org">www.tcfomaha.org</a>	712-326-4308	3rd Wednesday of month 7:00 p.m.	NONE	For parents who have experienced the loss of a child of any age.
OPEN ARMS Social Worker	Bergan Mercy Medical Center Professional Center, Room C 2nd Floor 7500 Mercy Rd, Omaha NE	402-398-6030	1st Wednesday of each month 7:00 p.m	NONE	For families that have experienced the loss of a baby during pregnancy at birth of shortly after birth.
TED E BEAR HOLLOW	7811 Farnam Drive, Omaha, NE <a href="http://www.tedebearhollow.org">www.tedebearhollow.org</a>	402-502-2773	Every other Mon. or Tues (see website for schedule)	NONE	For children ages 3-19 who have experienced the death of someone they love

## Online Grief Support Services

Website	Brief Discription
<a href="http://www.aplacetoremember.com">www.aplacetoremember.com</a>	Blogs and Forums
<a href="http://www.quietrefuge.com">www.quietrefuge.com</a>	Photojournal/Emotional & Spiritual Healing
<a href="http://www.compassionatefriends.org">www.compassionatefriends.org</a>	Issues/News
<a href="http://www.mend.org">www.mend.org</a>	Blogs and Forums
<a href="http://www.marchofdimes.com">www.marchofdimes.com</a>	Information on how to deal with grief When visiting this website, click on "Pregnancy and Newborn" tab then "Special Features/Pregnancy and Newborn Loss"
<a href="http://www.missfoundation.org">www.missfoundation.org</a>	Resources/Blog
<a href="http://www.nationalshare.org">www.nationalshare.org</a>	Message board/Discussion board for families of loss.
<a href="http://ncjwny.org/services_plsp.htm">http://ncjwny.org/services_plsp.htm</a>	Telephone Counseling
<a href="http://www.centering.org/index.php?page=content&amp;id=37">http://www.centering.org/index.php?page=content&amp;id=37</a>	Grief Resources & Magazines